

OCTOBER 2022

CAPA COMMENTARY

The Newsletter of the Capital Area Psychological Association



WHAT'S IN THIS ISSUE

Letter from the President

1

October Monthly Meeting

3

CAPA Cultural Diversity
Workshop

4

Executive Board Nominations

6

CAPA Meeting Minutes

7

Classifieds

9

PRESIDENT'S COLUMN

Dan Roberts, PhD

As we await nominations and elections for our 2023 CAPA officers, I would like to note one of the benefits of serving as a CAPA President. As things stand the President has the privilege of addressing the entire membership on the psychological topic of his or her choice via this column in every issue of the CAPA Commentary. That means that eight times a year the President has the opportunity to address the entire membership to inform, question, suggest, encourage, or even pontificate. Why not take advantage of that and nominate yourself or a colleague to run for President Elect now?

The mandatory shut downs and voluntary isolation due to the onset of COVID-19 in early 2020 has, to some extent, diminished the ability of our members to discuss various professional issues as easily as we could do in our regular meetings. It was a lot easier to talk across the table at lunch than to do it in a Zoom environment with 30-40 attendees. Recently the Executive Committee decided to invite greater member participation in CAPA through the CAPA Commentary, which will add a Letters to the Editor section beginning with the November 2022 issue. Letters to the editor are often included on the editorial pages, which tend to be one of the most popular sections of any newspaper or magazine, so an audience is readily available. The letters should be related to psychology or CAPA. Reasons to write a letter to the editor may include:

- To offer suggestions about CAPA activities or programs.
- To discuss an issue that you believe is important and you want to weigh in.



- To let others know that you are upset about something and want to complain.
- To influence public opinion or to encourage others to take a particular action.
- To inform colleagues about the work of your group or to attract volunteers or participants.

To insure that your letters are timely they should be emailed to the Past President or to Amber Nicholson at CAPA headquarters by the 25th of the month for publication in the next month's newsletter. Speaking for the EC, I would like to say that we look forward to hearing from you!

In addition to our upcoming CAPA election we are entering the home stretch for the year on other fronts. Our own Diversity workshop will take place around the end of this month and the annual TPA convention will follow in mid November, providing plenty of options for filling your PD requirements. Donations to political parties and individual politicians who are friendly to psychology and mental health initiatives will be due before the legal cutoff date in early December. These donations can help put your name and interests on their radar. If you plan to meet with your state Representative or Senator, this is the best time. Once the session begins in January they will often be too busy to meet personally.

You can register on the CAPA website to receive a link that will admit you to the October 14th meeting. Just scroll down for information on that program. I hope to see all of you soon at the regular monthly gathering on Zoom!

Dan Roberts, Ph.D.
CAPA President 2022

OCTOBER MONTHLY MEETING



RELATIONSHIP-BASED TREATMENT OF CHILDREN AND THEIR PARENTS

PRESENTER(S): KAT SCHERER, PHD, MFT, C-IAYT & ELIZABETH SYLVESTER, PH.D.

**OCTOBER 14, 2022
12:00 PM - 1:30 PM**

**1.5 HOURS PROFESSIONAL DEVELOPMENT AVAILABLE
MEETING WILL BE HELD USING ZOOM PLATFORM**

LEARNING OBJECTIVES:

Participants will:

- Understand the interrelatedness of neurobiology, attachment, emotion regulation, and effective discipline (ie., Relationship-based Parenting)
- Learn to assess the 7 Essential Attachment Needs in families and utilize these for treatment planning
- Develop insight into the key role of parental emotion regulation on family functioning
- Learn to address discipline by transforming the dynamics of the parent-child relationship to foster child emotional and behavioral growth

ABOUT THE SPEAKER(S) :



Kat Scherer, PhD, MFT, C-IAYT is a Psychologist, educator and speaker. She practices in Austin, Texas and presents on topics such as interpersonal neurobiology, emotional development, and the application of mindfulness in mental health. Her presentations have been offered in academic settings, professional conferences, and community settings. Dr. Scherer is a cofounder of Austin IN Connection, a multidisciplinary organization focused on emotional health and attachment. She cohosts the Heart & Work Series with two collaborative mental health blogs: Therapy Matters and Heart & Work of Parenting. She is also a former Brazelton Touchpoints trainer and a faculty member at the Practice School of Yoga Therapy.



Elizabeth Sylvester, Ph.D. is a Clinical Psychologist working with children and their families in Austin Texas for over 30 years. She is an Advanced Trainer of the Nurtured Heart Approach, and integrates this approach with her expertise in relational attachment and interpersonal neurobiology. She specializes in treating highly behaviorally and emotionally intense children and adolescents combining parent interventions and psychotherapy. Dr. Sylvester is a cofounder of the Heart & Work series of writings and presentations, and of Austin Child Therapy, an organization whose mission is to support the work of pediatric mental health professionals. She is married and the mother of twin sons.



Capital Area Psychological Association Presents:
"Military Culture and the Epidemic of Sexual Violence"
3 Hours of Cultural Diversity Professional Development

Presented by Dr. Armando X. Estrada (AXE)



October 28, 2022



2:00 PM - 5:00 PM



Online Via Zoom Platform



Registration:

2022 CAPA MEMBERS:	\$99
NON-MEMBERS:	\$120
STUDENTS:	\$30

Registration: www.austinpsychologists.net

THE WORKSHOP:

The purpose of this workshop is to educate, discuss and enhance awareness of the nature, prevalence and impacts of sexual harassment and sexual assault within the military environment. An additional purpose of this program is to develop and enhance knowledge regarding the working environment, organization and training, and culture of the military organization and its members to include service personnel, veterans and their families. Finally, the program will also provide information regarding reporting mechanisms, and resources available to address sexual harassment and sexual assault within the military environment.



LEARNING OBJECTIVES

1. Develop familiarity with the organization, structure, culture, and working environment in military organizations.
2. Understand requirements for accession, education and training, and assignment of military personnel.
3. Define sexual harassment and sexual assault within the military environment
4. Examine the nature, extent, severity, and consequences of sexual harassment and sexual assault within the military environment
5. Identify the context, character, and causes for sexual harassment and sexual assault to occur and/or be tolerated within the military environment
6. Identify reporting mechanisms and resources to address sexual harassment and sexual assault within the military environment.

THE SPEAKER:

Dr. Armando X. Estrada (AXE) is an Associate Professor in the Department of Policy, Organizational and Leadership Studies at Temple University. Previously he served as a Program Manager and Senior Research Psychologist with the Foundational Science Research Unit of the US Army Research Institute for the Behavioral and Social Sciences; and served as a tenured professor at Washington State University; US Naval Postgraduate School; Industrial College of the Armed Forces and National Defense University. He earned a BA and MA in Psychology from the California State University at Los Angeles and PhD in Industrial and Organizational Psychology from the University of Texas at El Paso. Dr. Estrada's research expertise center on the assessment of job attitudes and behaviors; training development and evaluation; and strategic planning and assessment. His research examines (1) factors influencing the diversity, inclusion and engagement with particular focus on women and minorities in civilian and military organizations; (2) factors influencing the harassment, prejudice, and discrimination with particular focus on women and minorities within governmental and military organizations; and (3) factors influencing cohesion, readiness, resilience and effectiveness of collectives in military organizations. Dr. Estrada is actively involved in the Society for Military Psychology, having served as the society's first graduate student representative, Chair of the Membership Committee, Member at Large, President of the Society for Military Psychology in 2011 and most recently as Editor in Chief of Military Psychology. Dr. Estrada is a Fellow of the Inter-University Seminar in the Armed Forces; the Society for Military Psychology; the Society for the Psychology of Women; and the American Psychological Association. Dr. Estrada is the recipient of the 2014 Charles S. Gersoni Award for Excellence in Military Psychology from the American Psychological Association Division 19 Society for Military Psychology and the 2022 John C. Flanagan Award for Lifetime Achievements in Military Psychology from the American Psychological Association Division 19 Society for Military Psychology. Prior to his professional career, Dr. Estrada served in the United States Marine Corps from 1987-1995.

CAPA EXECUTIVE COMMITTEE NOMINATIONS



THE CAPA EXECUTIVE COMMITTEE IS NOW ACCEPTING NOMINATIONS FOR THE 2023 EXECUTIVE COMMITTEE!

PLEASE CONSIDER NOMINATING YOURSELF OR A COLLEAGUE FOR THE BELOW POSITIONS.

YOU CAN COMPLETE THE FORM RECEIVED VIA EMAIL OR EMAIL AMBER NICHOLSON AT CAPALAREAPSYCHSOC@GMAIL.COM

EXECUTIVE COMMITTEE POSITIONS:

Position: President-Elect

The President-Elect serves as a Member of the Executive Committee during the calendar year prior to assuming office of the Presidency in order to become familiar with detailed aspects of association affairs, goals, and long-range plans before his/her term begins. After serving as president, the President becomes that Past President, providing responsible for review of all information submitted, to assure timely publication and distribution of the monthly newsletter and to provide continuity and steps in if the President is infirmed, incapacitated or resigns. Upon becoming president, after that year of "shadowing" the current president, The CAPA President serves as the general presiding officer of the Association; (b) as the Chairperson of all meetings of the Executive Committee; (c) when necessary appoints committees consistent with the Bylaws and subject to approval of the Executive Committee; (d) present a summary of the year's activities and status of the Association to the membership; (e) exercises general supervision over the affairs of the Association; (f) keep a register of the location of the property of the Association; and (g) perform all such other duties as are incidental to his/her office or as may be properly required of him/her by vote of the Executive Committee or of the Members at any duly constituted meeting. After serving as president, the President becomes that Past President, providing responsible for review of all information submitted, to assure timely publication and distribution of the monthly newsletter and to provide continuity and steps in if the President is infirmed, incapacitated or resigns.

Position: Vice-President

The Vice-President serves as a Member of the Executive Committee; as Program and Activities Chairperson for the monthly meetings of the Association (recruits and selects speakers for the monthly PD presentations); (c) carries responsibility for professional development (PD) credit documentation; and (d) conducts meetings in the absence of the President.

Position: Treasurer

The Treasurer shall serve as the chief fiscal officer of the Executive Committee and of the Association. It shall be the duty of the Treasurer (a) to serve as a member of the Executive Committee; (b) to have custody of all funds of the Association; (c) to receive all money due the Association including dues as stipulated in Article II; (d) to make disbursements; (e) to keep adequate accounts of all monies and properties of the Association; (f) to make an annual fiscal report to the annual business meeting of the Association.

Position: Professional Practice Representative

The Professional Practice Representative shall: (a) serve as a member of the Executive Committee; (b) plan Association workshops other than monthly luncheon presentations; (c) serve as a liaison to other agencies and organizations on issues related to the practice of psychology. This office must be held by a voting Life Member or Member or Doctoral – Semi-retired; -Fully Retired; or – Special Consideration, who is or has been engaged primarily in the independent practice of psychology.

Position: Secretary

The Secretary serves as (a) a member of the Executive Committee; (b) serves as Secretary to the Association and Executive Committee; (c) takes minutes at Association and Executive Committee meetings and distributes them to membership via the monthly newsletter; (d) handle Association mailings and correspondence, (e) keep the membership roster current; (f) and serve as Association Historian.



MEETING MINUTES

Executive Committee Meeting Minutes September 9, 2022

The CAPA Executive Committee met on Friday, September 9, 2022 with the following members present:

Dan Roberts, PhD, John Godfrey, PhD, David Heckler, PhD, Corrine Zupanick, PsyD, Leena Batra, PhD, Kyle McCall, MA, LPC, LCDC, NCC, CPP and Stephen Kolar, PhD.

Dr. Roberts opened the meeting. The board discussed how CAPA could make statements on issues related to psychology in Texas. Dr. Godfrey noted this is a proposal of how to make statements on behalf of CAPA and will be sent to CAPA members for approval/disapproval. Dr. Roberts reported that the executive committee will decide whether or not a position paper will be written on behalf of CAPA. Dr. Heckler stated that a poll of the board would determine if a position paper was necessary, with at least four assenters indicating a paper would be written. Dr. Roberts said that if six or more of the eight board members agree on a position then the board would submit a position paper without seeking feedback of CAPA members. Dr. Batra stated that if fewer than six members agree on a side, then the board would ask CAPA members for feedback from a poll and the majority would pick a side for the paper.

Dr. Zupanick noted that the board could discuss ethical implications of a topic but would likely lack the manpower to conduct a scientific literature review. Dr. Godfrey stated this position paper policy would be a policy and procedures modification and would not require a bylaws change. Dr. Roberts asked board members to write up their version of how this would look in the policy and procedures manual to review next meeting.

Dr. Batra has been working diligently to obtain a speaker for the October meeting and has a candidate she is pursuing. Dr. Heckler provided a recommendation for a monthly speaker and one for the cultural diversity workshop. Dr. Roberts noted that the board is seeking nominations for officers for next year, especially for president elect. Drs. Godfrey and Zupanick stressed the importance of discussing CAPA membership and would like to continue this discussion in the next meeting.

General Meeting Minutes September 9, 2022

Dr. Roberts welcomed members to the meeting. He reminded members that nominations for board officers were coming up next month and to look for an email from Amber Nicholson with more information. He told members to notify him or any other board members if they want to run for office or have a nomination.

Dr. Roberts told members that CAPA is currently down around 25 or 30 members from this point last year. Dr. Godfrey noted that CAPA has “lost” 25 individuals who were life members and who had not renewed their memberships. He reminded them that these are free memberships and encouraged them to renew. Dr. Godfrey also supported having more new and younger psychologists in CAPA. Dr. Zupanick said this issue of membership was very important to her and she would address it next year as president. Some options to increase membership include: having a free lunch meeting for colleagues once or twice a year, leaving information cards about CAPA at various offices in town, and refreshing the website so it attracts and draws in new members.

Dr. Roberts gave the Treasurer's Report. CAPA has \$6,397.54 in the first CD, \$10,687.52 in the second CD, \$19,727.49 in checking, and \$31,651.96 in savings. He noted that CAPA is doing well financially and could look to use some of this money to spend more on presentation speakers.

A new CAPA member introduced herself to the group and noted that the local area society where she lived previously would have regular social events to increase interest and membership. A separate member asked when CAPA was planning to meet again in person (the board continues to discuss this possibility). A third member suggested creating a committee to create sub-meetings to help new psychologists build up their practices as a way to connect with more new psychologists and increase membership.

Dr. Godfrey introduced today's speaker, Kyle McCall, MA, LPC, LCDC, NCC, CPP. Mr. McCall is the Program Manager for the Diversion Center at Bluebonnet Trails Community Services (BTCS). He holds a Master of Arts in Counseling and is a national board certified Licensed Professional Counselor and Licensed Chemical Dependency Counselor. Kyle thanked his guests from Bluebonnet Trails for helping him with the presentation today. The presentation was titled, “Overview of Local Mental Health & Intellectual and Developmental Disability Authority Systems.”

Bluebonnet Trails Community Services (BTCS) provides services in multiple areas. These include Behavioral Health Care, Family Health Care, Crisis Services, Veteran Services, Intellectual and Developmental Disabilities (IDD), and Autism Services (for individuals ages 3-15 years old). Services are person and family centered, trauma-informed, encourage wraparound support, and provide a full spectrum of care. BTCS provides care to eight county regions in Central Texas including Burnet, Williamson, Lee, Bastrop, Fayette, Caldwell, Guadalupe, and Gonzalez counties. The center of operations is governed by an all-volunteer board of trustees appointed by the Commissioners Court from each of these eight counties. It is accredited by various agencies including CCBHC, NCQA, and CARF.



MEETING MINUTES

Intake and case management services makes a determination if the client is appropriate for services, has appropriate needs, and is in the right county. This setup is in-person, and an initial meeting with an intake specialist takes an hour to an hour and fifteen minutes long. The specialist determines diagnosis and level of care needed then sets up the person with a case manager. Counseling is short-term and solution focused. This usually involves 12 sessions but can go over. There is a new transitional specialist who assists clients with engagement in different services at BCTS. Level of care determines case management direction. A routine case manager may work on recovery plans, short-term and long-term goals, and other assistance as needed. In more crisis-oriented cases, an intensive case manager may provide more urgent care by going out in the community to meet the client where they are located.

The Substance Use Department at BCTS uses the OSAR program which stands for Outreach, Screening, Assessment, and Referral Services. They have two walk-in clinics to help clients. OSAR helps individuals with alcohol and drug problems, often if they don't have insurance. They provide referrals and resources for recovery. OSAR serves 30 counties in Texas and can help individuals in different settings such as jails and hospitals if they have a phone and email address for documentation. OSAR counselors conduct a brief alcohol and drug screening to see if appropriate for HHSC funded services and also work to see if the client is eligible for assistance for inpatient or outpatient services. Participation is voluntary and OSAR only provides screening, referrals, and outreach (no mental health assessments or therapy). They can connect individuals with referrals for employment, family/social, psychiatric, medical, and legal concerns. Some participants of Medicated Assisted Treatment (MAT) can be prescribed Suboxone by a doctor to help with addictions.

Veteran Services/Peer Support provides multiple services to military personnel and veterans. Individuals may receive one-on-one peer support or assistance from the Veteran Support Groups or Veterans Treatment Court. These may provide help on many topics including psychoeducation and suicide prevention. Individuals are given community engagement and volunteer opportunities. Veterans are provided with connection to other resources with a warm handoff by staff. Individuals receive free counseling through BTCS.

Intellectual and Developmental Disabilities (IDD) Services assesses for and helps individuals who qualify for intellectual disability (IQ 69 or below, adaptive behavioral deficits, onset before age 18) and/or autism. They help these individuals achieve a safe and comfortable place to live, something meaningful for to do (work or volunteer), close friends, a support system. Additional services include respite, crisis respite, behavioral support, and supported employment. IDD services includes mental health outpatient care through Outpatient Biopsychosocial Services (OBI).

Crisis services involves multiple components to help individuals in emergency situations. The 911 dispatch program is available 24/7 for individuals in the Williamson county service area. The goal is to de-escalate behavioral health crises over the phone and link callers to appropriate referrals and divert away from law enforcement, fire, or EMS response if these are not warranted. The Mobile Crisis Outreach Team (MCOT) may be dispatched to assist with in-person crisis assessment and can also provide assessment over the telephone or a telehealth video assessment. A crisis walk-in clinic in Georgetown, Texas helps individuals ages 3 and up who are experiencing a crisis. This provides a crisis assessment on-site with a crisis worker who completes a safety plan with the individual. The client can be referred to the Georgetown Extended Observation Unit (EOU), the Georgetown Clinical Research Unit (CRU), or to inpatient hospitalization. The walk-in clinic is open from 8AM to 5PM daily on-site and after hours by an on call crisis worker.

The new Diversion Center provides crisis observation and psychiatric care. Here individuals work with a crisis for up to 24 or 48 hours while the crisis stabilizes or appropriate placement is found. Services may include medication management, nursing, peer support, and crisis intervention if needed. This facility has 10 beds and the majority of participants here come via emergency detention. Individuals can be discharged from here with up to 14 days of medication.

The Crisis Respite Unit (SGCC/CRU) is a 16 bed facility that helps adult clients in crisis for difficulties such as self-injurious behavior, suicidal ideation, homicidal ideation, or emotional distress. Individuals here usually stay a maximum of five days.

BCTS provides a state hospital stepdown program that provides intermediate care for individuals who have been at a state hospital for over a year and now need to find an appropriate placement in the community. This program typically helps up to six individuals at a time for a period of approximately one month.

Mr. McCall addressed questions from the audience. The meeting was adjourned.

CAPA CLASSIFIEDS



Office Space & Opportunities

If you are interested in submitting a classified on CAPA's website, please submit the following information to capitalareapsychassoc@gmail.com

Classified Title Classified Description
Contact Name Contact Phone Number
End date for posted classified

Office space ads can be posted for free for up to 3 months. The cost for all other classified listings on the CAPA web site is \$30/up to 3 months. All non-office space ads must be prepaid before they will be approved for display. Once you have submitted your classified request, someone from site administration will contact you for payment.

Please note that posting in the *CAPA Commentary* is a separate process. You should email your ad to the editor for review.

Office Available January 1, 2023 in Central Austin

Hello. I have a 150 square foot interior office in the Franklin Square Building (3724 Jefferson St., Suite 200) in a suite with three psychologists, one LPC, and me, an LCSW. The rent is \$365/month for the hours listed below. The office is available January 1, 2023.

Monday and Tuesday until 3pm
All day/evening Wednesday
Thursday until 11:30am
All day/evening Friday, Saturday and Sunday

The waiting room is very large, comfortable, and tastefully decorated. It has 5G wireless internet, a print and fax machine, and lights to signal that your client is waiting. The cleaning, internet, mini-fridge and microwave, printer and fax, and utilities are included in the rent.

I love this office building! There are quite a few other therapists, psychologists, and psychiatrists in the building. The building staff are all responsive and kind. The neighborhood has lots of shops, restaurants (the original Kerby Lane Cafe) and large trees. There is a spacious parking lot and the building and restrooms are handicap accessible.

Lisa Judge, PhD., LCSW
512-467-0655 (texting is fine)
lisaclarej@gmail.com

Office Space in Central Austin

I have office space available in central Austin at Mopac and Bee Cave Road. The space is approximately 14' x 10' with beautiful wood floors and floor to ceiling window. The space is calm and quiet with 8 clinicians in total. The rent (\$975/month) includes utilities, a beautifully maintained waiting room, a group therapy room, a kitchen and regular cleaning service. If interested, call or text Cyndy Playfair at 512-632-9266.

Now Hiring Psychologist, LPA, LCSW, LPC

Providers needed in Round Rock, Dallas, Rockwall, Ennis, and Greenville, Texas to provide therapy and one-time diagnostic interviews. Opportunities are also available to provide services in nursing homes, memory care, skilled nursing, and assisted living.

The Ludden Group, P. C., is a Christian private practice group including psychologists, a psychiatrist, LPCs, an LCSW, and Externs (Needed for one-time diagnostic interviews), outpatient practice located in Round Rock, near Austin, and in Rockwall, TX, 25 miles east of the Dallas Metroplex.

The Ludden Group is seeking psychologists for a long-term position, Full or Part-Time.

Duties will include diagnostic assessments, testing, and weekly psychotherapy with the Geriatric population.

Informal Psychology Internship is also available. Services are also available in the Ludden Group's outpatient private practice where we treat patients throughout the life span.

Areas served: Rockwall, Round Rock, Athens, Farmersville, Greenville, Terrell, Dallas, and Ennis.

The Ludden Group, P.C. is well established with over 35 years' experience.

Send your curriculum vitae and any questions to Dr. Linda Ludden, Ed.D, Texas Licensed Psychologist, lindaluddensivils@gmail.com (214) 403-7266. Our website is www.theluddengroup.com.

CAPA CLASSIFIEDS



Office Space & Opportunities

Three Offices Available For Rent in Balcones Drive Office Building

3 offices available for rent in a brand new, fully renovated 6-office suite on the first floor of Balcones Drive Office Building. There is a waiting room and full kitchen inside the suite. The building offers ample parking with quick access to Mopac and nice restrooms in the exterior hallways. Rent includes internet, nightly cleaning services, mail, and common area supplies. The space is currently under construction and will be available to move-in during the month of September. Leases are for a minimum of 12 months. 3 offices are already rented and 3 offices are still available for rent. Please see prices below:

Office 1: \$950 a month (no window)
Office 2: \$950 a month (no window)
Office 5: \$1,200 a month (with windows)

For more information, contact Ashley Cooper, PsyD at drashleycooper@gmail.com or 512-708-0361.

Office Space Available in Round Rock

Newly Renovated Office Available September 1st

The Space:

Entire office suite will be remodeled in mid-August with a modern yet comfortable and welcoming feel.

Three office sizes to choose from to accommodate therapist needs – individuals, couples, families, play therapy, etc.

Full and part-time lease terms available. Furnished office possible with prior coordination.

Eat-in kitchen space includes a sink, microwave, refrigerator, cabinets for storage, dishes, and cutlery.

ADA-compliant office suite with two restrooms and a large waiting room

The Perks:

Be part of a therapist network – support, referrals, consultation – without sacrificing a percentage of your income! Office suite occupied by therapists – from associates to seasoned veterans with 30+ years of experience. LPCAssociate supervision possible, pending availability.

Free bi-weekly consultation group (virtual or in-person) with therapists of all levels and a variety of specialties and preferred techniques.

Some consultation group meetings qualify for free CEUs!

Internal referrals highly encouraged, and we are well-networked with other therapists and wellness professionals in the area to support growing practices or to maintain developed practices.

Office suite is owner-occupied, so all building repairs are conducted quickly and with as little impact to operations as possible.

Office Fee Schedule: Full Time / Part Time

Office Type 1 (170 ft²): \$750 / \$475

Office Type 2 (132 ft²): \$700 / \$450

Office Type 3 (100 ft²): \$650 / \$425

Office Type 4 (100 ft²): \$575 / \$400

Office pricing based on relative square footage. There are three office sizes and one office priced lower as it does not have a window.

Pricing is all-inclusive – utilities, internet, cleaning service, etc.

For more information or to schedule a tour please contact: Hannah Platt at (512) 677-9859 or hannahplattlpc@gmail.com



CAPITAL AREA PSYCHOLOGICAL ASSOCIATION
ADVOCACY, COMMUNITY, PROFESSIONAL DEVELOPMENT

CAPA Officers & Chairs:

President:

Dan Roberts, PhD
drroberts78681@gmail.com
(512) 293-4775

President Elect:

Corinne Zupanick, PhD
drcez2@gmail.com

Past President:

John Godfrey, PhD
johng23447@gmail.com
(737) 202-5789

Vice President:

Elisabeth Middleton, PhD
elisabeth@emiddletonphd.com
(512) 517-4812

Secretary:

Stephen Kolar, PhD
stevekolar@yahoo.com
(512) 451-2242

Treasurer:

David Heckler, PhD
(512) 324-3315
drheckler@gmail.com

Practice Representative:

Shalini Leena Batra, PhD
lbatra.lb@gmail.com
(512) 826-1152

Student Representative:

Kyle McCall
kylemccall@me.com
(512) 423-1808

CAPA Commentary Editor:

John Godfrey, PhD
johng23447@gmail.com
(737) 202-5789

The CAPA Commentary is a regular publication of the Capital Area Psychological Association, P.O. Box 996, Boerne, TX 78006. Its eight issues, January through May and September through November, are free to CAPA members.

Submissions of informational or educational articles and comments are welcome for consideration for publication and are strongly encouraged. Recommended length of submitted materials is 500 words.

Accepted articles exceeding these limits may be published in successive issues.

Deadline for submissions is the third Friday of each month preceding month of publication. Submit to John Godfrey, PhD at johng23447@gmail.com

CAPA Membership: For information about joining CAPA as a full, associate, affiliate, or student member, call 512-451-4983 or email capitalareapsychassoc@gmail.com

Advertisement and Announcement Policy: Appropriate payment made out to CAPA may be mailed to P.O. Box 996, Boerne, TX 78006 please memo check "Commentary Ad"). The editor reserves the right to edit all copy.

Advertisement Costs:

Newsletter: \$60 full page, \$40 half page, \$25 quarter page

Web Classified :

Office Space: Free, All others \$30 for 3 months

CAPA Information & Referral Service:

(512) 451-4983