

FEBRUARY 2024

# CAPA COMMENTARY

The Newsletter of the Capital Area Psychological Association



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## PRESIDENT'S COLUMN

Swapnila S. Das, PhD

### **Fostering Inclusivity and support for the LGBTQ+**

In my first newsletter I offered all of us challenges and acceptance of Unity, Equality, and Inclusivity. This month to continue with our last months presentation on "LGBTQ+ and Affirming Mental Health Care." By Janie E. Black, PhD.

As we navigate the complex landscape of mental health and psychological well-being, it is imperative that we uphold principles of inclusivity, respect, and dignity for all individuals, irrespective of their sexual orientation or gender identity. As your president, it is my honor to address the importance of fostering an environment of support and acceptance for the LGBTQ+ community within our association.

Psychology, as a discipline, has long been committed to understanding the intricacies of human behavior, emotions, and identities. We recognize the diversity that exists within our society and acknowledge the unique experiences and challenges faced by individuals who identify as lesbian, gay, bisexual, transgender, queer, or other marginalized identities.

Research in psychology has consistently highlighted the prevalence of discrimination, stigma, and mental health disparities experienced by LGBTQ+ individuals. Studies have shown higher rates of depression, anxiety, and suicidality among this population, often attributed to societal rejection, internalized homophobia, and lack of access to affirming mental health services.



As professionals in the field of psychology, it is our ethical responsibility to advocate for the well-being of all individuals and to create a safe and affirming space for clients, colleagues, and community members alike. This commitment extends beyond mere tolerance to active efforts to promote equality, celebrate diversity, and challenge prejudice and discrimination.

In our association, we are dedicated to promoting inclusive policies, practices, and programming that affirm the dignity and worth of LGBTQ+ individuals. This includes:

1. **Education and Training:** Providing ongoing education and training opportunities for psychologists to increase their cultural competence and understanding of LGBTQ+ issues, including best practices in affirmative therapy and counseling.
2. **Advocacy and Awareness:** Engaging in advocacy efforts to promote policies that protect the rights and well-being of LGBTQ+ individuals, both within the field of psychology and in broader society. This includes challenging discriminatory practices and advocating for LGBTQ+-inclusive healthcare policies.
3. **Community Engagement:** Fostering a sense of belonging and community for LGBTQ+ psychologists and allies within our association through networking events, mentorship programs, and other initiatives.

As we strive to embody these principles of inclusivity and respect, let us remember that our work is not done in isolation. By coming together as a collective force for positive change, we can create a more just and equitable world for all individuals, regardless of sexual orientation or gender identity.

In closing, I invite each of you to join me in reaffirming our commitment to inclusivity and support for the LGBTQ+ community within psychology. Together, let us continue to champion the values of diversity, equity, and justice in all that we do.

With warm regards,  
Swapnila S. Das, Ph. D  
Licensed Clinical psychologist  
CAPA Président 2024

#### **Regarding research references,**

1. Meyer, I. H. (2003). Prejudice, social stress, and mental health in lesbian, gay, and bisexual populations: Conceptual issues and research evidence. *Psychological bulletin*, 129(5), 674-697.
2. Hatzenbuehler, M. L. (2009). How does sexual minority stigma "get under the skin"? A psychological mediation framework. *Psychological bulletin*, 135(5), 707-730.
3. Institute of Medicine. (2011). *The health of lesbian, gay, bisexual, and transgender people: Building a foundation for better understanding*. Washington, DC: National Academies Press.
4. American Psychological Association. (2015). *Guidelines for Psychological Practice with Transgender and Gender Nonconforming People*. *American Psychologist*, 70(9), 832-864.
5. Herek, G. M. (2009). Hate crimes and stigma-related experiences among sexual minority adults in the United States: prevalence estimates from a national probability sample. *Journal of interpersonal violence*, 24(1), 54-74.

These references cover a range of topics related to LGBTQ+ mental health, including minority stress, discrimination, resilience, and best practices in affirmative therapy. They can serve as a foundation for understanding the issues faced by LGBTQ+ individuals and informing inclusive practices within the field of psychology.

# CAPA FEBRUARY MEETING



## **“SEX ADDICTION” 101: ASSESSMENT AND TREATMENT OF COMPULSIVE SEXUAL BEHAVIORS**

**PRESENTER: LARA DYE, PHD, CSAT**

**FEBRUARY 9, 2024  
12:00 PM - 1:30 PM**

**1.5 HOURS PROFESSIONAL DEVELOPMENT OFFERED**

Dr. Lara Dye will lead this workshop on the assessment and treatment of individuals engaging in compulsive sexual behaviors. She will also discuss the effects on partners of ‘sex addicts’ including considerations of trauma and pertinent aspects of treatment for partners.

### **Workshop Learning Objectives:**

Participants will be able to:

- Better understand the difficulty in defining 'sex addiction' and understand some of the issues that have arisen out of the attempts to define this set of behaviors.
- Learn about differing presentations of 'sex addiction,' love addiction, betrayal bonds, and relationship and intimacy disorders.
- Better understand if the severity of symptoms a client is presenting warrants a referral or a higher level of care.
- Articulate a basic understanding of the childhood relational trauma and attachment wounds that exist at the heart of sex and love addiction and avoidance behaviors



### **About the Speaker:**

Dr. Lara Dye is a clinical psychologist in Austin, Texas who has extensive post-graduate training in love and sex addiction from The Meadows in Arizona (Pia Mellody). She is also a Certified Sex Addiction Therapist (CSAT) through the International Institute of Trauma and Addiction Professionals (IITAP). She has held practices in California and Texas since 2001 and worked with hundreds of folks suffering from 'love addiction,' betrayal bonds, love avoidance, and all forms of sexually compulsive behaviors.





## MEETING INFORMATION: WHAT YOU NEED TO KNOW

In response to popular demand, the Executive Committee has arranged for CAPA members to begin meeting once more in person at the Carillon at the AT&T Center.

Our new agreement with the Carillon covers September through November 2023. This contract requires CAPA to provide a guaranteed minimum guest count of at least 20 attendees, at least one week prior to the meeting. A substantial penalty will be charged if we fail to reach that minimum number.

### **What does that mean for you?**

As always CAPA will charge \$20 to members for lunch and professional development units, if they register by at least seven (7) days before the meeting. Please note, the fee the Carillon charges is \$22.95 per plate so CAPA is subsidizing lunches for members as always.

In addition to the minimum, the Carillon will charge up to \$11.00 per plate for registrations made with fewer than seven (7) days notice. The Executive Committee has decided we must pass that expense onto those CAPA members who register with fewer than seven days prior to the meeting.

### **This is what it actually costs CAPA:**

Registration cost 7 days in advance (same as previous years)	\$20
Registration cost fewer than 7 days in advance	\$30

We are excited at the prospect of meeting one another face to face again and hope to see you soon.

**REGISTER ONLINE: [WWW.AUSTINPSYCHOLOGISTS.NET](http://WWW.AUSTINPSYCHOLOGISTS.NET)**

# CAPITAL AREA PSYCHOLOGICAL ASSOCIATION

## MEMBERSHIP FORM

Complete the form below to renew or sign up for membership in the Capital Area Psychological Association

☐ 2024 Membership Application

### MEMBER INFORMATION

First Name:	<input type="text"/>	Last Name:	<input type="text"/>	Degree:	<input type="text"/>						
Office Address:	<input type="text"/>										
Home Address:	<input type="text"/>										
Work Phone :	<input type="text"/>	<input type="text"/>	<input type="text"/>	-	<input type="text"/>	<input type="text"/>	<input type="text"/>	-	<input type="text"/>	<input type="text"/>	<input type="text"/>
Email:	<input type="text"/>										
Webpage:	<input type="text"/>										

### PROFESSIONAL INFORMATION

Current Professional Position:	<input type="text"/>				
Current Licensing Information:	<input type="checkbox"/> Psychologist	<input type="checkbox"/> Provisional	<input type="checkbox"/> Certified	<input type="checkbox"/> Psychological Associate	<input type="checkbox"/> Not Licensed
License Number:	<input type="text"/>				
Memberships in other professional associations:	<input type="checkbox"/> American Psychological Association	<input type="checkbox"/> Texas Psychological Association	<input type="text"/>		
Other:	<input type="text"/>				

### MEMBERSHIP CATEGORIES

- ☐ **Full Member- \$95**  
Those who hold either Fellow or Member status in the American Psychological Association or the Texas Psychological Association, or those who possess licensure/certification as a Psychologist by the Texas State Board of Examiners of Psychologists
- ☐ **Full Member: Semi-Retired- \$47.50**  
Available to members aged 66 and older having been active members for the previous ten years who are working less than 20 hours a week. Annual dues is 50% of the full annual dues.
- ☐ **Full Member: Fully-Retired- \$23.75**  
Available to members aged 66 and older having been active members for the previous ten years who are no longer in practice. Annual fee is 25% of the annual dues.
- ☐ **Full Member: Special Consideration**  
If you are experiencing extreme financial difficulties or hardships AND are renewing, you may request special consideration for a reduction or waiver in membership fee. This must be reviewed at least annually.
- ☐ **Affiliate Member: \$40**  
Persons who have interests consonant with the purposes of the Association who do not otherwise qualify for membership. Applicants must (1) be actively engaged in professional activity in the community and (2) have a recommendation from a CAPA member explaining how the membership will profit by such an Affiliate's presence
- ☐ **Student Member: \$10**  
Persons who are enrolled in an accredited college or university and who are pursuing an undergraduate or graduate degree in Psychology
- ☐ **Life Member: Updating Information Only**

### PLEASE RESPOND TO THE FOLLOWING QUESTIONS:

Has your license to practice ever been suspended, revoked or limited by a state licensing board?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been convicted of a felony?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been found guilty of unethical or unprofessional conduct by a local, state, or national ethics committee, professional organization, or licensing board?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been found guilty of malpractice?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

# CAPITAL AREA PSYCHOLOGICAL ASSOCIATION

## INFORMATION & REFERRAL DIRECTORY

This section is to be completed ONLY by FULL MEMBERS who want to be listed in our information and referral service:

I certify that I am a licensed psychologist in good standing with the Texas State Board of Examiners of Psychologists. I certify that I am qualified and competent in the specialty areas that I have indicated below. I have a current professional malpractice insurance policy and I will maintain liability coverage throughout the membership year. I agree to abide by the Code of Ethics of the American Psychological Association and by the guidelines of the Texas State Board of Examiners of Psychologists.

### TREATMENT TECHNIQUES & APPROACHES

Please circle or put a check mark next to your top 4 treatment techniques and approaches:

Acceptance & Commitment Therapy (ACT)	Expressive Arts	Mindfulness-Based Cognitive Therapy (MBCT)	Psychodynamic Therapy
Alderian	EMDR	Mindfulness-Based Stress Reduction (MBSR)	Psychological Testing/Evaluation
Art Therapy	Family Systems	Motivational Interviewing	Psychotherapy
Attachment-Based	Family/Marital Therapy	Multicultural	Rational Emotive Behavioral (REBT)
Behavioral Therapy	Feminist	Music Therapy	Reality Therapy
Biofeedback	Freudian	Narrative	Relational Therapy
Child-Parent Psychotherapy (CPP)	Gestalt	Neurofeedback	Rogerian
Clinical Supervision	Gottman Method	Neuropsychological Testing	Sandtray
Cognitive Behavioral Therapy (CBT)	Group Therapy	Parent-Child Interaction (PCIT)	Somatic
Court Evaluations	Hypnotherapy	Person-Centered	Strengths-Based
Dance/Movement Therapy	Imago	Play Therapy	Systems
Dialectical Behavioral Therapy (DBT)	Interpersonal	Prolonged Exposure Therapy	Transpersonal
Disability Evaluation	Jungian	Psychoanalytic Therapy	Trauma-focused
Existential			

### SPECIALTY AREAS

Please circle or put a check mark next to your top 6 specialty areas:

Abandonment	Chronic Illness	Forensic Psychology	Peer Relationships	Teaching
Abuse Survivors	Chronic Pain	Gambling	Personality Disorders	Testing and Evaluation
ACOA	Chronic Relapse	Gender Identity	Phobias	Trauma
ADD/ADHD	College Mental Health	Grief/Loss	Postpartum Depression	Transgender Issues
Addiction	Compulsive Behavior	Group Therapy	Pregnancy/Prenatal/Postpartum	Traumatic Brain Injury
Adjustment Disorder	Consultation	HIV/AIDS	Prejudice/Discrimination	Weight Control
Adoption	Coping Skills	Hoarding	Process Addiction	Women's Issues
Aging	Couple's Counseling	Hypnosis	PTSD	
Alcohol Use	Crisis Intervention	Infertility	Racial Identity	
Anger Management	Cultural Adjustment	Intellectual Disability	Rehabilitation	
Anorexia	Deaf/Hearing Impaired	Internet Addiction	Relational Trauma	
Antisocial Personality Disorder	Depression	Learning Disabilities	Relationships	
Anxiety	Developmental Disorders	LGBTQIA+	Schizophrenia	
Attachment Issues	Disability Determination	Life Transitions	Seasonal Affective Disorder (SAD)	
Autism Spectrum Disorder	Disruptive Mood Dysregulation (DMDD)	Loneliness	Self-Esteem	
Avoidant Personality Disorder	Dissociation	Marital and Premarital	Self-Harming Behaviors	
Behavioral Issues	Dissociative Identity Disorder	Medical/Health Psychology	Sex Therapy	
Binge Eating Disorder	Divorce	Men's Issues	Sexual Abuse	
Bipolar Disorder	Domestic Abuse	Military/Veteran's Issues	Sexual Addiction	
Blended Families	Drug Abuse	Multicultural Concerns	Sleep Disorders	
Body Image Disorders	Dual Diagnosis	Narcissistic Personality Disorder	Smoking Cessation	
Borderline Personality Disorder	Eating Disorders	Neuropsychology	Social Anxiety	
Bulimia Nervosa	Elder Care	Obsessive Compulsive Disorder	Somatoform Disorders	
Cancer	Emotional Abuse	Oppositional Defiance	Spirituality/Religion	
Career Counseling	Exercise Addiction	Organizational Development	Sports Psychology	
Caregiver Issues	Family Conflict	Pain Management	Stress	
Child or Adolescent	Family Therapy	Panic Disorders	Substance Use	
Child Custody Evaluation	Fears/Phobias	Parenting	Suicidal Ideation	



# CAPITAL AREA PSYCHOLOGICAL ASSOCIATION

## INFORMATION & REFERRAL DIRECTORY

### Insurance Accepted

Please circle or put a check mark next to all accepted insurance plans:

☐ I do not currently accept insurance.

☐ Aetna   ☐ Beacon   ☐ Covenant Management   ☐ Medicaid   ☐ Optum   ☐ Smart HealthAscension  
☐ Ambetter   ☐ Blue Cross Blue Shield   ☐ Humana   ☐ Medicare   ☐ Oscar   ☐ Tricare  
☐ Anthem   ☐ Cigna   ☐ Magellan   ☐ Optima Health Plan   ☐ PHCS/Multiplan   ☐ United Healthcare  
☐ Other: \_\_\_\_\_

### PRACTICE DETAILS & APPOINTMENT OPTIONS

I am currently seeing clients: (Check all that apply)

☐ In-Office   ☐ Virtual/Telehealth

I am currently offering the following types of appointments: (Check all that apply)

☐ Individual   ☐ Couples   ☐ Family   ☐ Group   ☐ Workshops/Classes   ☐ Colleague Consultation

I am currently seeing clients in the following age ranges: (Check all that apply)

☐ Children (Under 6)   ☐ Children (6-12)   ☐ Teenagers (12-18)   ☐ Young Adults (18-24)   ☐ Adults (24+)   ☐ Elders (64+)

My practice is located: (Check all that apply)

☐ Central   ☐ North   ☐ South   ☐ East   ☐ Northwest   ☐ Southwest   ☐ Northeast   ☐ Southeast   ☐ Round Rock  
☐ Kyle/Buda   ☐ Pflugerville   ☐ Wimberley   ☐ Georgetown   ☐ Cedar Park   ☐ Leander   ☐ Other: \_\_\_\_\_

Languages Spoken Fluently: (Check all that apply)

☐ English   ☐ Spanish   ☐ French   ☐ ASL   ☐ Other: \_\_\_\_\_

### DONATE TO CAPA

I would like to make a voluntary contribution to the Capital Area Psychological Association to sustain CAPA programs and community charitable donations. I would like to make a donation in the amount of:

☐ \$10.00   ☐ \$15.00   ☐ \$20.00   ☐ \$25.00   ☐ \$50.00   ☐ \$75.00   ☐ \$100.00   ☐ Other: \$ \_\_\_\_\_

### ATTESTATION

I affirm that all of the information I have shown here is true. I agree to abide by the Code of Ethics of the American Psychological Association and by the guidelines of the Texas State Board of Examiners of Psychologists.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Checks and membership applications can be mailed to:  
Capital Area Psychological Association  
PO BOX 996, Boerne, TX 78006  
capitalareapsychassoc@gmail.com  
(512) 451-4983  
www.austinpsychologists.net



## Executive Committee Meeting Minutes January 11, 2024

The CAPA Executive Committee met virtually on Thursday, January 11, 2024 with the following members present: Swapnila Das, PhD, Elisabeth Middleton, PhD, John Godfrey, PhD, and Stephen Kolar, PhD.

Dr. Das called the meeting to order at 8:10 PM. She invited members to add items to the meeting agenda. Board members mentioned creating a committee to help seek candidates to fill empty officer seats, an update on the speaker committee meetings, the possibility of having a CAPA Social Party this semester, providing meetings both in-person and online in a hybrid model, and increasing CAPA membership.

The board has openings for treasurer, practice representative, and student representative. Dr. Middleton is most concerned about the vacant practice rep position as this person is responsible for doing the majority of the setup for CAPA workshops. She suggested that the practice rep could work with the speaker committee meetings and Dr. Middleton said she would ask at the next speaker meeting if any members would be interested in filling this officer position. Dr. Middleton said the speaker committee meetings have been going well, they meet once a month. The group has filled all CAPA meeting speakers for the Spring of 2024 and has filled two or three meetings for the fall. Dr. Das will ask at the general meeting tomorrow for nominations for the three open board positions.

The board recognized a \$5000 gap in the budget. In looking at the financial report, it was decided that most of this is likely due to decreased attendance at CAPA workshops than normal. Dr. Godfrey and Dr. Middleton each have recommendations for the upcoming Ethics Workshop that they think would draw a good number of attendees. The Spring Ethics Workshop is confirmed for April 5, 2024 at the Thompson's Conference Center at UT.

Dr. Das asked the board about a CAPA Social Party this spring and the board members were in favor of one. They decided that CAPA will look to schedule this party for Friday, February 23, 2024.

Dr. Das asked board members about having weekly meetings in-person and online. There has been feedback from members that both concurrently could increase access to meetings for members who have difficulty coming to meetings regularly. The board will continue to look into this process.

Dr. Godfrey would like for board members to reach out to all licensed psychologists in the Central Texas area who are not members of CAPA and seek their membership. We discussed breaking down a list by zip codes and then calling or emailing members. The board discussed how to get a list of contact information for psychologists. Dr. Godfrey will contact the Texas Behavioral Health Executive Council (BHEC) for this list.

Dr. Das adjourned the meeting at 9:08 PM





## General Meeting Minutes

### January 12, 2024

Dr. Das welcomed members and new members and guests introduced themselves. Dr. Das encouraged members to run for the open CAPA Board positions of practice representative, student representative, and treasurer.

Dr. Middleton introduced today's speaker, Janie E. Black, PhD. Dr. Black is a licensed clinical psychologist and assistant professor in the Department of Psychiatry and Behavioral Sciences at UT Dell Medical School. Her work focuses on gender affirming mental health care and on family based treatments for eating disorders. Her talk was titled, "LGBTQ+ and Affirming Mental Health Care."

Dr. Black began talking with the audience about various abbreviations for members in the LGBTQ community. She introduced the term LGBTQIP2SAA and asked members which letter they could identify. The group could identify many of these and were helped on a few (such as P pansexual, 2 Two-spirit, A asexual, A androgynous). Dr. Black taught members about abbreviations some communities use due to fear of bullying and suicide in their communities if other terms are used. These include SGL (same gender loving) or SSA (same sex attraction, but won't necessarily have sex with them).

Dr. Black introduced the gender unicorn, which is a symbol that provides a way to identify the differences between gender identity, gender expression, biological sex, and physical and emotional attraction. Gender identity involves the way one feels about their gender. It is an internal sense of self. Children are conscious of physical differences they have with others by the age of 2. They develop a stable sense of their gender identity by age 4. Though children may disagree with the sex assigned at birth, gender roles are reinforced for kids from the day they are born. Gender expression is how a person wants others to see them. It can range from masculine to androgynous to feminine. Anatomy does not determine gender.

Dr. Black talked about the importance of proper pronoun use. The pronouns a person chooses to use really are important to them. This is especially true as the incorrect use of pronouns can be seen as disrespect. The Trevor Project found that 75% of youth they studied use binary pronouns. Sixteen percent combined he/she/they, five percent use only they/them, 4% use neopronouns, and seven percent said no one respected their pronouns. Of this seven percent, ninety percent had suicidal ideation or thoughts of self-harm. Dr. Black encouraged therapist to ask their clients what pronouns they use and to apologize if they misgender their clients.

Dr. Black talked about gender dysphoria and criteria for diagnosis. This involves a marked incongruence between one's experienced/expressed gender and their primary sex characteristics. This has to occur for at least six months and cause distress. The criteria are different for children. For children, gender dysphoria involves a strong desire to be of the other gender or an insistence they are of the other gender. This can be found in areas such as play, dress, activities, etc. Dr. Black talked some about medical treatment options for individuals with gender dysphoria such as hormone blockers.

Dr. Black noted that transgender individuals often have high degrees of social anxiety due to fears about safety in social realms. She talked about how eating disorders should also be assessed for among this population. Treatment for transgender individuals remains challenging in Texas due to various bills from the Texas Legislature. In 2023, Texas had 1/5 of all the LGBTQ bills proposed in the country. Some of these that have passed that hurt health care for individuals include SBs 17, 15, 14, and 12.

The meeting was adjourned.

# CAPA CLASSIFIEDS



## Office Space & Opportunities

### Therapy Room for Rent in Group Private Practice

Are you a licensed mental health provider (e.g., psychologist, psychiatrist, social worker) looking for a serene and professional space to meet with your clients? Look no further! We have a fantastic opportunity for you to rent a therapy room within our well- established and supportive group private practice.

**Location:** 1613 W 6 th St., Austin, TX 78703. Conveniently located in a downtown Austin and easily accessible from I-35 and MoPac, your clients will find it easy to reach you.

#### Room Features:

- Comfortable and beautifully furnished therapy room, □ Welcoming and calming common spaces, □ Suitable for individual, couples, and family therapy, □ Ample natural light,
- Privacy and confidentiality assured

#### Amenities:

- Access to a waiting area, □ Free Wi-Fi, □ Utilities included, □ Shared staff resources (e.g., kitchen, printer), □ Flexible rental hours, □ Secure and professional environment, □ Networking opportunities with fellow therapists, □ Free on-site parking

**About Us:** Join our supportive community of mental health providers dedicated to providing high-quality care to our clients. The current 4-space office suite is shared by three psychologists who specialized in evidence-based care for children, adolescents, and young adults.

#### Rental Details:

- Competitive rental rates, □ Flexible scheduling options, □ Negotiable lease length to fit your needs, □ Room available full-time (\$1,500/month) and part-time (1 day weekly = \$350/month OR 2 days weekly = \$675/month)

**Contact Us:** Don't miss this opportunity to enhance your practice in a comfortable and welcoming environment. If you're interested in renting this therapy room or would like to schedule a viewing, please contact our practice at [admin@clearmindcollective.com](mailto:admin@clearmindcollective.com) or (512) 859-6591. Take your private practice to the next level in a space that reflects the professionalism and care you provide. We look forward to welcoming you to our community!

---

### Office Space in Westlake, Fully Furnished

Light filled corner office (three windows) with shared waiting room. Stylishly decorated and comes fully furnished. Office is part of a three office suite of mental health professionals. One year sublease full- time. Most appropriate for adult clients. \$875/month includes all bills. If interested, please contact Dr. Sarah Rivers Deal, PhD at [drdeal@2psych.com](mailto:drdeal@2psych.com)

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# CAPA CLASSIFIEDS



## Office Space & Opportunities

### Northwest Austin Office for rent

Light filled 12x13 office for rent, part of a tree lined boutique office complex in Northwest Austin with direct access to Mopac. Seeking additional professional to fill a vacant office in our suite for monthly/yearly rental.

Suite includes:

- Furnished reception area
- Two restrooms
- Small outdoor patio
- Wi-fi
- Refrigerator
- Air-conditioning & central heating
- Free onsite parking
- Easy access walk-up space with direct entry from parking lot
- Wheelchair access
- Available January 1, 2024. \$850/month

\*other spaces available in suite, with photos to come after completion of modification.

Room sizes are as follows:

- 12x17 (great for Group Therapy or Children's Therapy)
- 12x14
- 12x 6

Please contact Whitney at [whitney.arp@gmail.com](mailto:whitney.arp@gmail.com) to inquire about space.

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### Join the Neurobehavioral Institute of Austin- A Thriving Community of Neuropsychological Assessment Specialists

Are you a dedicated neuropsychologist or psychologist with expertise in the assessment of children, adolescents, and/or adults, seeking a vibrant community with whom to practice? We are committed to delivering the highest quality neuropsychological and psychological evaluations, while fostering a supportive environment for providers to excel.

Benefits:

- **Steady Referral Stream:** Experience a reliable flow of assessment clients through our established referral network.
- **Competitive Annual Income:** Anticipate an annual income within an expected range of \$150,000 to \$225,000.
- **Collaborative Environment:** Enjoy a collaborative atmosphere with weekly clinical meetings and informal get-togethers.
- **Shared Overhead Expenses:** Optimize your financial efficiency with the advantages of shared overhead expenses in a prestigious area of Austin.
- **Private Pay Office:** Upholding a long-standing tradition, we operate as a private pay practice.
- **Experienced Office Management:** Our proficient office staff takes care of essential administrative responsibilities, including patient scheduling, medical records management, and payment collection on behalf of the Provider.
- 

### Why Join Us?

The Neurobehavioral Institute of Austin is an established practice with an impeccable reputation spanning over two decades. We enjoy a consistent number of incoming referrals.

### Requirements:

- State licensure and three years of experience providing assessment for children, adolescents, and adults.
- 

### How to apply:

If you're passionate about making a positive impact and ready to thrive as an independent provider, we would love to hear from you. To express your interest in this opportunity, please submit your CV to [leslie.jackson@nbaustin.com](mailto:leslie.jackson@nbaustin.com).





CAPITAL AREA PSYCHOLOGICAL ASSOCIATION  
ADVOCACY, COMMUNITY, PROFESSIONAL DEVELOPMENT

### **CAPA Officers & Chairs:**

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Student Representative:

Open

CAPA Commentary Editor:

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[drcez2@gmail.com](mailto:drcez2@gmail.com)

The CAPA Commentary is a regular publication of the Capital Area Psychological Association, P.O. Box 996, Boerne, TX 78006. Its eight issues, January through May and September through November, are free to CAPA members.

Submissions of informational or educational articles and comments are welcome for consideration for publication and are strongly encouraged. Recommended length of submitted materials is 500 words.

Accepted articles exceeding these limits may be published in successive issues.

Deadline for submissions is the third Friday of each month preceding month of publication. Submit to Corinne Zupanick, PhD at [drcez2@gmail.com](mailto:drcez2@gmail.com)

CAPA Membership: For information about joining CAPA as a full, associate, affiliate, or student member, call 512-451-4983 or email [capitalareapsychassoc@gmail.com](mailto:capitalareapsychassoc@gmail.com)

Advertisement and Announcement Policy: Appropriate payment made out to CAPA may be mailed to P.O. Box 996, Boerne, TX 78006 please memo check "Commentary Ad"). The editor reserves the right to edit all copy.

### **Advertisement Costs:**

Newsletter: \$60 full page, \$40 half page, \$25 quarter page

Web Classified :

Office Space: Free, All others \$30 for 3 months

### **CAPA Information & Referral Service:**

(512) 451-4983