

APRIL 2022

# CAPA COMMENTARY

The Newsletter of the Capital Area Psychological Association



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## PRESIDENT'S COLUMN

Dan Roberts, PhD

“Ch-ch-ch-changes, turn and face the strange”.

For those of you in the healthcare business, last year a new law was passed to prevent hospitals and some physicians from charging outrageous bills after treatment had been provided. The “No Surprises Act” was designed to address unexpected bills and to protect patients who have no insurance or those who seek treatment at a hospital or from a physician that does not accept their particular plan and accordingly is not bound to a managed care fee reduction contract with the insurance company. In its wisdom the government decided to include not just inpatient organizations and practitioners, but all medical and allied health organizations and providers under the new law. Ethical licensed psychologists in Texas have already been providing patients with informed consent about treatment and costs so that part is nothing new. But now there is special additional paperwork that must be completed for every patient in order to prove compliance and avoid fines (even if you do not overcharge). Cue David Bowie.

Hopefully you have already seen information about this. If you are a TPA member a description of the requirements, including a template to use to get in compliance, was included in a December 17th, 2021 email to members. This is a link for the template:



In addition, the recently revived National Psychologist (digital version only) has also published an article detailing what is known so far about the law and how psychologists may be affected. Some articles can be accessed without a subscription and this is one of them. At <https://www.nationalpsychologist.com> click on the Spring 2022 issue to read the article.

On a more local front, there are some potential changes in the works that may be of interest, though the legislature is not involved. For many years one way for students to become eligible for special education services was for a physician to sign a school form called “Other Health Impairment” which listed a diagnosis that would interfere with learning and thus qualify a student for special services.

Some of you know that if a physician requests an evaluation for ADHD (for example) and you evaluate and diagnose it, then the kid had to go back to the physician again to get the form signed for the school. TEA recently proposed a rule change that would allow physician delegates (nurse practitioners and physician’s assistants) to sign the form instead of the physician. TPA’s attorney noticed the proposed rule change and based on the suggestions of TPA’s TSBEP/BHEC monitoring committee, TPA President Alfonso Mercado has signed and submitted a comment letter on the rule. He requested that psychologists be added to the list of those who can sign the form when the “other health impairment” is based on mental health diagnosis.

“Time may change me, but I can’t trace time.” See y’all at the April 8th virtual CAPA meeting!

Dan Roberts, Ph.D.  
CAPA President 2022

# APRIL MONTHLY MEETING

## ENVIRONMENTAL IDENTITY-BASED THERAPIES FOR ECO AND CLIMATE CONCERNS

**PRESENTER: THOMAS JOSEPH DOHERTY, PSY.D.**

**APRIL 8, 2022  
12:00 PM - 1:30 PM**

**1.5 HOURS PROFESSIONAL DEVELOPMENT AVAILABLE  
MEETING WILL BE HELD USING ZOOM PLATFORM**



To support eco- and climate therapy, we re-vision competencies associated with all therapy approaches including multicultural awareness, assessment, and rapport building. An important new tool is familiarity with the process of environmental identity (EI), one's self-concept and sense of relationship with nature. "EI" intersects with a person's other identities in unique ways and provides a base on which to build eco- and climate therapy interventions.

In this talk, you'll discover how to:

- Explore your environmental identity, beliefs and experiences (including sources of wellbeing and resilience, and of trauma or injustice)
- Adapt your existing therapeutic orientation and skill set to address environmental and climate concerns faced by your clients or patients
- Apply these interventions into your practice with diverse individuals, being mindful of ethics, context, effective preparation and messaging, and your personal style.

### ABOUT THE SPEAKER:



#### **Thomas Joseph Doherty, Psy.D.**

Dr. Thomas Doherty is a clinical and environmental psychologist based in Portland, Oregon who has developed a specialty addressing people's concerns about environmental issues and climate change. His multiple publications on nature and mental health include the groundbreaking paper "The Psychological Impacts of Global Climate Change," co-authored by Susan Clayton, cited over 700 times. Thomas is a fellow of the American Psychological Association (APA), Past President of the Society for Environmental, Population and Conservation Psychology, and Founding Editor of the academic journal *Ecopsychology*. Thomas was a member of the APA's first Task Force on Global Climate Change and founded one of the first environmentally-focused certificate programs for mental health counselors in the US at Lewis & Clark Graduate School. He also co-hosts the Climate Change and Happiness podcast. Thomas is originally from Buffalo, New York.

# CAPITAL AREA PSYCHOLOGICAL ASSOCIATION

## MEMBERSHIP FORM

Complete the form below to renew or sign up for membership in the Capital Area Psychological Association

☐ 2022 Membership Application

### MEMBER INFORMATION

First Name:	<input type="text"/>	Last Name:	<input type="text"/>	Degree:	<input type="text"/>					
Office Address:	<input type="text"/>									
Home Address:	<input type="text"/>									
Work Phone :	<input type="text"/>	<input type="text"/>	<input type="text"/>	-	<input type="text"/>	<input type="text"/>	-	<input type="text"/>	<input type="text"/>	<input type="text"/>
Email:	<input type="text"/>									
Webpage:	<input type="text"/>									

### PROFESSIONAL INFORMATION

Current Professional Position:	<input type="text"/>				
Current Licensing Information:	<input type="checkbox"/> Psychologist	<input type="checkbox"/> Provisional	<input type="checkbox"/> Certified	<input type="checkbox"/> Psychological Associate	<input type="checkbox"/> Not Licensed
License Number:	<input type="text"/>				
Memberships in other professional associations:	<input type="checkbox"/> American Psychological Association	<input type="checkbox"/> Texas Psychological Association	<input type="text"/>		
Other:	<input type="text"/>				

### MEMBERSHIP CATEGORIES

- ☐ **Full Member- \$95**  
Those who hold either Fellow or Member status in the American Psychological Association or the Texas Psychological Association, or those who possess licensure/certification as a Psychologist by the Texas State Board of Examiners of Psychologists
- ☐ **Full Member: Semi-Retired- \$47.50**  
Available to members aged 66 and older having been active members for the previous ten years who are working less than 20 hours a week. Annual dues is 50% of the full annual dues.
- ☐ **Full Member: Fully-Retired- \$23.75**  
Available to members aged 66 and older having been active members for the previous ten years who are no longer in practice. Annual fee is 25% of the annual dues.
- ☐ **Full Member: Special Consideration**  
If you are experiencing extreme financial difficulties or hardships AND are renewing, you may request special consideration for a reduction or waiver in membership fee. This must be reviewed at least annually.
- ☐ **Affiliate Member: \$40**  
Persons who have interests consonant with the purposes of the Association who do not otherwise qualify for membership. Applicants must (1) be actively engaged in professional activity in the community and (2) have a recommendation from a CAPA member explaining how the membership will profit by such an Affiliate's presence
- ☐ **Student Member: \$10**  
Persons who are enrolled in an accredited college or university and who are pursuing an undergraduate or graduate degree in Psychology
- ☐ **Life Member: Updating Information Only**

### PLEASE RESPOND TO THE FOLLOWING QUESTIONS:

Has your license to practice ever been suspended, revoked or limited by a state licensing board?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been convicted of a felony?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been found guilty of unethical or unprofessional conduct by a local, state, or national ethics committee, professional organization, or licensing board?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been found guilty of malpractice?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

# CAPITAL AREA PSYCHOLOGICAL ASSOCIATION

## INFORMATION & REFERRAL DIRECTORY

This section is to be completed ONLY by FULL MEMBERS who want to be listed in our information and referral service:

I certify that I am a licensed psychologist in good standing with the Texas State Board of Examiners of Psychologists. I certify that I am qualified and competent in the specialty areas that I have indicated below. I have a current professional malpractice insurance policy and I will maintain liability coverage throughout the membership year. I agree to abide by the Code of Ethics of the American Psychological Association and by the guidelines of the Texas State Board of Examiners of Psychologists.

### TREATMENT TECHNIQUES & APPROACHES

Please circle or put a check mark next to your top 4 treatment techniques and approaches:

Acceptance & Commitment Therapy (ACT)	Expressive Arts	Mindfulness-Based Cognitive Therapy (MBCT)	Psychodynamic Therapy
Alderian	EMDR	Mindfulness-Based Stress Reduction (MBSR)	Psychological Testing/Evaluation
Art Therapy	Family Systems	Motivational Interviewing	Psychotherapy
Attachment-Based	Family/Marital Therapy	Multicultural	Rational Emotive Behavioral (REBT)
Behavioral Therapy	Feminist	Music Therapy	Reality Therapy
Biofeedback	Freudian	Narrative	Relational Therapy
Child-Parent Psychotherapy (CPP)	Gestalt	Neurofeedback	Rogerian
Clinical Supervision	Gottman Method	Neuropsychological Testing	Sandtray
Cognitive Behavioral Therapy (CBT)	Group Therapy	Parent-Child Interaction (PCIT)	Somatic
Court Evaluations	Hypnotherapy	Person-Centered	Strengths-Based
Dance/Movement Therapy	Imago	Play Therapy	Systems
Dialectical Behavioral Therapy (DBT)	Interpersonal	Prolonged Exposure Therapy	Transpersonal
Disability Evaluation	Jungian	Psychoanalytic Therapy	Trauma-focused
Existential			

### SPECIALTY AREAS

Please circle or put a check mark next to your top 6 specialty areas:

Abandonment	Chronic Illness	Forensic Psychology	Peer Relationships	Teaching
Abuse Survivors	Chronic Pain	Gambling	Personality Disorders	Testing and Evaluation
ACOA	Chronic Relapse	Gender Identity	Phobias	Trauma
ADD/ADHD	College Mental Health	Grief/Loss	Postpartum Depression	Transgender Issues
Addiction	Compulsive Behavior	Group Therapy	Pregnancy/Prenatal/Postpartum	Traumatic Brain Injury
Adjustment Disorder	Consultation	HIV/AIDS	Prejudice/Discrimination	Weight Control
Adoption	Coping Skills	Hoarding	Process Addiction	Women's Issues
Aging	Couple's Counseling	Hypnosis	PTSD	
Alcohol Use	Crisis Intervention	Infertility	Racial Identity	
Anger Management	Cultural Adjustment	Intellectual Disability	Rehabilitation	
Anorexia	Deaf/Hearing Impaired	Internet Addiction	Relational Trauma	
Antisocial Personality Disorder	Depression	Learning Disabilities	Relationships	
Anxiety	Developmental Disorders	LGBTQIA+	Schizophrenia	
Attachment Issues	Disability Determination	Life Transitions	Seasonal Affective Disorder (SAD)	
Autism Spectrum Disorder	Disruptive Mood Dysregulation (DMDD)	Loneliness	Self-Esteem	
Avoidant Personality Disorder	Dissociation	Marital and Premarital	Self-Harming Behaviors	
Behavioral Issues	Dissociative Identity Disorder	Medical/Health Psychology	Sex Therapy	
Binge Eating Disorder	Divorce	Men's Issues	Sexual Abuse	
Bipolar Disorder	Domestic Abuse	Military/Veteran's Issues	Sexual Addiction	
Blended Families	Drug Abuse	Multicultural Concerns	Sleep Disorders	
Body Image Disorders	Dual Diagnosis	Narcissistic Personality Disorder	Smoking Cessation	
Borderline Personality Disorder	Eating Disorders	Neuropsychology	Social Anxiety	
Bulimia Nervosa	Elder Care	Obsessive Compulsive Disorder	Somatoform Disorders	
Cancer	Emotional Abuse	Oppositional Defiance	Spirituality/Religion	
Career Counseling	Exercise Addiction	Organizational Development	Sports Psychology	
Caregiver Issues	Family Conflict	Pain Management	Stress	
Child or Adolescent	Family Therapy	Panic Disorders	Substance Use	
Child Custody Evaluation	Fears/Phobias	Parenting	Suicidal Ideation	

# CAPITAL AREA PSYCHOLOGICAL ASSOCIATION

## INFORMATION & REFERRAL DIRECTORY

### Insurance Accepted

Please circle or put a check mark next to all accepted insurance plans:

- ☐ I do not currently accept insurance.
- |                                       |   |  |   |   |  |
|---------------------------------------|---|--|---|---|--|
| <input type="checkbox"/> Aetna        | <input type="checkbox"/> Beacon                 | <input type="checkbox"/> Covenant Management | <input type="checkbox"/> Medicaid           | <input type="checkbox"/> Optum          | <input type="checkbox"/> Smart HealthAscension |
| <input type="checkbox"/> Ambetter     | <input type="checkbox"/> Blue Cross Blue Shield | <input type="checkbox"/> Humana              | <input type="checkbox"/> Medicare           | <input type="checkbox"/> Oscar          | <input type="checkbox"/> Tricare               |
| <input type="checkbox"/> Anthem       | <input type="checkbox"/> Cigna                  | <input type="checkbox"/> Magellan            | <input type="checkbox"/> Optima Health Plan | <input type="checkbox"/> PHCS/Multiplan | <input type="checkbox"/> United Healthcare     |
| <input type="checkbox"/> Other: _____ |   |  |   |   |  |

### PRACTICE DETAILS & APPOINTMENT OPTIONS

I am currently seeing clients: (Check all that apply)

- ☐ In-Office ☐ Virtual/Telehealth

I am currently offering the following types of appointments: (Check all that apply)

- ☐ Individual ☐ Couples ☐ Family ☐ Group ☐ Workshops/Classes ☐ Colleague Consultation

I am currently seeing clients in the following age ranges: (Check all that apply)

- ☐ Children (Under 6) ☐ Children (6-12) ☐ Teenagers (12-18) ☐ Young Adults (18-24) ☐ Adults (24+) ☐ Elders (64+)

My practice is located: (Check all that apply)

- ☐ Central ☐ North ☐ South ☐ East ☐ Northwest ☐ Southwest ☐ Northeast ☐ Southeast ☐ Round Rock  
☐ Kyle/Buda ☐ Pflugerville ☐ Wimberley ☐ Georgetown ☐ Cedar Park ☐ Leander ☐ Other: \_\_\_\_\_

Languages Spoken Fluently: (Check all that apply)

- ☐ English ☐ Spanish ☐ French ☐ ASL ☐ Other: \_\_\_\_\_

### DONATE TO CAPA

I would like to make a voluntary contribution to the Capital Area Psychological Association to sustain CAPA programs and community charitable donations. I would like to make a donation in the amount of:

- ☐ \$10.00 ☐ \$15.00 ☐ \$20.00 ☐ \$25.00 ☐ \$50.00 ☐ \$75.00 ☐ \$100.00 ☐ Other: \$\_\_\_\_\_

### ATTESTATION

I affirm that all of the information I have shown here is true. I agree to abide by the Code of Ethics of the American Psychological Association and by the guidelines of the Texas State Board of Examiners of Psychologists.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Checks and membership applications can be mailed to:  
Capital Area Psychological Association  
PO BOX 996, Boerne, TX 78006  
capitalareapsychassoc@gmail.com  
(512) 451-4983  
www.austinpsychologists.net

# CAPA EXECUTIVE COMMITTEE MEETING MINUTES

## MARCH 11, 2022

The CAPA Executive Committee met on Friday, March 11, 2022 with the following members present: Dan Roberts, PhD, John Godfrey, PhD, Corrine Zupanick, PsyD, Elisabeth Middleton, PhD, David Heckler, PhD, Leena Batra, PhD, and Stephen Kolar, PhD.

Dr. Roberts opened the meeting. The board discussed ideas about future in-person meetings, including possibly finding a new venue to meet (such as at the Austin State Hospital campus).

The board talked about ideas for the CAPA website and thoughts about new members. Dr. Zupanick has been working on a CAPA brochure to explain the workings of CAPA and she asked board members for input on bulleted sections related to CAPA's activities and mission. Dr. Godfrey noted that the CAPA mission statement begins in the bylaws and the group discussed if this needed to be revised. Regarding the website, Dr. Zupanick suggested including an About Us section to make it clearer for new website viewers to navigate the site.

Board members discussed fees for meetings and workshops. Dr. Middleton supports maintaining a membership fee and charging for each meeting as this increases CAPA's options for top quality speakers and flexibility to spend resources to support psychologists. She suggested creating a consistent budget and noted that after meeting this, excess funds could be used for purposes such as donating to internships in the Austin area. The group had discussed allowing non-members attend a first meeting for free, which was supported by Drs. Heckler and Godfrey (among others). Dr. Zupanick supported this, noting that it would be easier for members to bring a nonmember guest if they did not have to pay for that meeting. She also brought up the idea of a promotional event to encourage nonmembers to attend. Dr. Middleton suggested that it might take a few months to find a suitable speaker for a virtual meeting for new members. Dr. Heckler recommended the board determine an amount that we can pay speakers, a nonmember fee, and promotional events. Dr. Batra had support for a new CAPA mixer and the board considered the pros and cons of an in-person or virtual meeting in the summer or fall. Dr. Roberts suggested that when in-person meetings resume they might benefit from meeting at a place with more seating than the AT&T Conference Center.

Dr. Batra reported that the CAPA Ethics Workshop (virtual) is scheduled for May 13, 2022 from 2-5 PM. She suggested having a regular monthly meeting before this workshop as a way to possibly engage new members.

The board discussed official motions after some discussion of topics. Dr. Zupanick motioned to authorize Dr. Middleton to offer high caliber speakers up to \$500 for monthly meetings. This was seconded by Dr. Roberts and passed unanimously. Dr. Roberts motioned that CAPA set as a standard twice yearly membership drives that allow a CAPA member to invite a nonmember for free to a virtual meeting. Dr. Godfrey seconded this and it was approved unanimously. Dr. Heckler made a third motion to charge nonmembers a higher fee for meetings than members. The board discussed \$30 or \$35 for this fee but did not have enough time to make a decision. Additionally, Dr. Middleton noted that CAPA might want to allow nonmembers who are members of a different psychological local area society to attend at a regular \$20 fee (to entice them to join). This motion was tabled for further discussion next board meeting.

# CAPA GENERAL MEETING MINUTES

## MARCH 11, 2022

Dr. Roberts called the meeting to order on Zoom. He reported that Austin-Travis County has now been moved down to Stage 2 of risk-based guidelines for covid. Dr. Roberts noted that the recent survey of CAPA members indicated that most people would like this to be at Stage 1 before resuming regular meetings in person. The board is considering the possibility of a social meeting in the future if this can be accomplished in a safe manner.

Dr. Roberts discussed how therapists may be seeing more clients who are affected by and worried about the war in the Ukraine. He suggested that therapists who have experience with clients and dealing with war could seek out Dr. Middleton if they were interested in presenting on this topic. He noted Dr. Middleton's work to secure more nationally recognized speakers for CAPA meetings, including an upcoming speaker who was recently featured in the New York Times.

Dr. Roberts asked all members to invite a colleague to attend a virtual meeting for free. He let members know they could email him or Amber Nicholson if they had suggestions or feedback about the new CAPA website. Three meeting attendees introduced themselves as either new to CAPA or attending meetings after an absence.

Dr. Middleton introduced today's speaker, Mary Alvarez, PhD. Dr. Alvarez moved to Austin from Houston last fall and has been licensed in Texas for 25 years in forensic and clinical practice. She specializes in working with high conflict families and has seen the damaging effects on children as a former custody evaluator. Dr. Alvarez co-developed *Resetting the Family*, an intervention to help families with high conflict that include mild and moderate parental alienation. Her presentation was titled, "Parental Alienation: Evaluation and Treatment Issues."

Dr. Alvarez defined parental alienation (PA) as the unjustified rejection of a parent by a child. The five factor model of parental alienation involves the child resisting/avoiding/refusing a relationship with a parent, there is a documented history of a positive relationship between them previously, the absence of abuse or neglect from the rejected parent (or target parent, TP), the use of multiple alienating behaviors on the part of the favored parent (FP), and behavior from the child that indicates alienation.

The favored parent encourages the child to unjustly reject the target parent. Amy Baker, PhD, has identified 17 tactics that accomplish this, including denigrating the target parent, presenting the target parent as dangerous, limiting possession and access to the child, and undermining the authority of the target parent. These tactics are quite common in high conflict families, with limiting access to children being the most frequent reason of these that a custody agreement will be modified in court. There are eight behavioral manifestations of parental alienation from Richard Gardner, MD, including such areas a quick shift to hostile or critical attitude to the TP from the child, weak rationalizations for this, and the child wanting to do nothing with the TP. The favored parent can do no wrong in the child's eyes.

Parental alienation is divided into mild, moderate, and severe levels. Mild PA may involve the child denigrating the TP but when they are together they get along fine. Moderate levels of PA involve more resistance and defiance. Teenagers at this level often isolate when with their TP. The favored parent is texted or called much of the time by the child when the child is with the target parent. Severe PA is on a heightened level, such that the favored parent often has an Axis II personality disorder, most often borderline personality disorder or narcissistic personality disorder. At this level, the child refuses to do anything with the target parent. They may run away from the TP's care or make up false allegations about them.

# **CAPA GENERAL MEETING MINUTES**

## **FEBRUARY 11, 2022**

Dr. Alvarez talked about possible legitimate reasons for a child to reject a parent. These could include verified abuse to the child, an absent parent, or witnessing high-conflict between parents such as domestic violence. This is complicated, as children often show continued strong emotional bonds to parents who have been abusive. Children's experiences of Adverse Childhood Experiences (ACEs) were discussed along with the impact of trauma on families and children, including the trauma of divorce. Dr. Alvarez reported that in 80% of cases with parental alienation, the favored parent had all of the control in the marital relationship. This huge power differential often leads to this parent feeling threatened by the loss of power when the relationship ends. This may include the deleterious impact of intimate partner violence.

DSM-5 does not have a specific diagnosable code for parental alienation. Three codes that can be used include v61.20 parent-child relational problem, v61.29 child affected by parental relationship distress, and possibly v995.51 child psychological abuse.

Dr. Alvarez discussed the impact of high-conflict divorce and parental alienation on children. One study has shown that children of high conflict divorce can experience anxiety at a rate that needs counseling (65%), have developmental attachment disorders (56%), develop abnormal fears and phobias (48%), become physically aggressive (44%), or have sleeping disorders (31%). For adults who were previously alienated as children, many develop depression (70%), show feelings of decreased self-worth (65%), become alienated from their own children (50%), have issues with trust (40%), and struggle with addiction (35%).

Treatment for mild and moderate parental alienation is multifaceted. It is important to adopt an educational approach for those affected by PA. Addressing trauma is a key component. During parental alienation, children lose the ability to think independently about the target parent and treatment seeks to change this trend. The approach uses work with both parents to help the child. Case management is needed to maintain gains made in treatment. Dr. Alvarez talked about her program, Resetting the Family, and how it can help those dealing with mild and moderate parental alienation.

Dr. Alvarez reported that severe parental alienation does not respond to traditional individual therapy or family therapy. In cases of severe PA, the favored parent usually has significant psychopathology. Treatment in these cases often involves intense work with the child and the TP with no contact with the FP for 90 days (by court order).

Dr. Alvarez talked about clinical considerations for parental alienation. The favored parent may often present as calm, cool, and collected because things are going well for them with the child. The target parent often appears frustrated, angry, and emotionally labile. In addition, the child can be very convincing to the therapist. Children may appear to the therapist to be well-adjusted but this could be superficial and not genuine.

Dr. Alvarez addressed questions from the audience. The meeting was adjourned.

# CAPA CLASSIFIEDS



## Office Space & Opportunities

If you are interested in submitting a classified on CAPA's website, please submit the following information to [capitalareapsychassoc@gmail.com](mailto:capitalareapsychassoc@gmail.com)

Classified Title    Classified Description  
Contact Name    Contact Phone Number  
End date for posted classified

Office space ads can be posted for free for up to 3 months. The cost for all other classified listings on the CAPA web site is \$30/up to 3 months. All non-office space ads must be prepaid before they will be approved for display. Once you have submitted your classified request, someone from site administration will contact you for payment.

Please note that posting in the CAPA *Commentary* is a separate process. You should email your ad to the editor for review.

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### Office available in South Austin

Suite of therapists looking for mental health practitioner to rent the 4th office within our suite beginning in January. The suite includes waiting room, kitchen and bathroom. The rent includes all utilities, including high speed internet as well as cleaning fees. We also provide printer/copier/fax machine and we cover all costs related to that (printer paper, cartridges etc). Our office is a warm and welcoming place, and we are looking for colleagues who are interested in building relationships and supporting each other in the work that we do.

Please contact us with any questions, preferably via email.  
Mandy Menzer at [mandy@drmenzer.com](mailto:mandy@drmenzer.com)

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### Continuing Education Opportunities with Clover Educational Consulting Group

Clover Educational Consulting Group is a 501c3 non-profit corporation with offices in Mineola and Austin, TX. Clover was founded by licensed psychologists with expertise in policy, program development, and education and training. Our aim is to improve the mental health of the communities we serve through advances in policy, workforce, and training. Services we offer: -Behavioral Health Workforce Improvement (training program development and accreditation) -Training Healthcare Providers (on such topics as integrated healthcare, behavioral health 101, and effective suicide prevention) -Evaluation and Grant Support Services -And of particular relevance to our friends in the Capital Area Psychological Association, Continuing Education Opportunities! Clover is an APA-approved sponsor of continuing education for psychologists, offering live CE events and an on-demand course library. Earn CEs for just \$25 per credit hour! Clover also serves as a CE sponsor for other agencies and trainers who wish to provide CE credit for their training events. Check out Clover's Live Calendar of upcoming events (<https://clovered.org/ce/>): -04/21: Dr. Jenna Symons presents, "APA Site Visit Pep Talk: What You Need to Know to Plan with Ease" -05/02: Dr. Juliana Rosa presents, "Program Evaluation in Behavioral and Public Health" -06/07: Dr. Ramani Durvasula, "Working with Clients Experiencing Narcissistic Abuse: Addressing the Impact of Antagonistic Personality Styles on Mental Health" Tight Schedule? Earn CE on your time with Clover's On-Demand Library (<https://clovered.org/on-demand-ce/>)! A few highlights: -"Multicultural Competency-based Clinical Supervision" with Dr. Carol Falender -"When Training Goes Wrong: Addressing Competence and Other Issues During the Internship Year" with Dr. Greg Keilin -"More Than Diversity and Inclusion - Real Talk About Racism" with Dr. Ann-Louise Lockhart Clover is now offering 50% off upcoming training opportunities for students and trainees. To claim your discount, enter the code STUDENT at check out. If you are interested in becoming a CE instructor, please contact us!

Questions and requests for information: [continuing.education@clovered.org](mailto:continuing.education@clovered.org)

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### Psychologist / Neuropsychologist Private Practice Opportunity in South Austin

Neurobehavioral Institute of Austin (NBAustin) is a thriving and well-respected private practice in Austin, Texas, currently seeking experienced full-time Neuropsychologists and/or Psychologists, with a primary focus on neuropsychological and/or psychological assessments and therapy. Our practice sees patients ages three to adult. Some of the benefits of NBAustin include regular collaboration with colleagues, steady referrals, and being part of a group who has a well-developed reputation. In addition to assessment, various providers do provide other services, including individual and family therapy, parent training, school consultations, and professional training and supervision to interns and postdoctoral trainees. Our primary referral sources include current and former patients, family physicians, pediatricians, psychiatrists, neurologists, hospitals, and school personnel. Although we do have a high percentage of private pay patients, we also file some BCBS PPO insurance, and we have contracts with agencies and employers. Finally, our group consults with and provides assessments for schools, treatment centers, foster care programs, the courts, and others in the community.

If interested, please submit your CV to [office.manager@NBAustin.com](mailto:office.manager@NBAustin.com). Full time applicants only please.

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### PT Office Space off Spicewood Springs Rd. Available

Office suite available Thursday - Sunday. Suite includes waiting area, break room w/ coffee/tea, microwave, and fridge, and office mate. Located 10-15 minutes from downtown Austin and the Domain and only 30 minutes from surrounding cities like Buda, Round Rock and Dripping Springs. Rent is month-to-month and includes utilities and internet. Contact Dr. Elle Blodgett at [igniteanewpllc@gmail.com](mailto:igniteanewpllc@gmail.com) for more information.



## **CAPA Officers & Chairs:**

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The CAPA Commentary is a regular publication of the Capital Area Psychological Association, P.O. Box 996, Boerne, TX 78006.

Its eight issues, January through May and September through November, are free to CAPA members.

Submissions of informational or educational articles and comments are welcome for consideration for publication and are strongly encouraged. Recommended length of submitted materials is 500 words.

Accepted articles exceeding these limits may be published in successive issues.

Deadline for submissions is the third Friday of each month preceding month of publication. Submit to John Godfrey, PhD at johng23447@gmail.com

**CAPA Membership:** For information about joining CAPA as a full, associate, affiliate, or student member, call 512-451-4983 or email capitalareapsychassoc@gmail.com

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