

NOVEMBER 2022

CAPA COMMENTARY

The Newsletter of the Capital Area Psychological Association



PRESIDENT'S COLUMN

Dan Roberts, PhD

The holiday decorations and the cooler weather are announcing that the end (of the year) is nigh. This year, due to a scheduling conflict with the annual TPA Convention, our November monthly meeting has been rescheduled for December 2nd, which will be the first Friday of the month. At the time that I wrote this we are still seeking a nominee for President Elect. The holder of that office will mainly be responsible for shadowing, but not stalking, the President in order to become familiar with the Presidential duties. All members in good standing are eligible for nomination and election. The nomination forms have been emailed already, so feel free to use them to nominate yourself or a colleague. Please watch your email also for an election ballot in November and be sure to vote as soon as you receive that. Election results will be announced at the meeting on December 2nd. In recent weeks members of the Executive Committee have been exploring options and venues for a potential return to live, rather than ZOOM, meetings early next year. Stay tuned for updates. In addition, if we can avoid another big COVID uptick, watch for an announcement about a CAPA Winter shindig in January.

A month or two ago, the EC decided to add a Letters to the Editor column to the CAPA Commentary. All members are encouraged to write letters on topics related to CAPA, its activities, items published in the Commentary, or other items or events relevant to psychology in general. Let the CAPA Commentary hear your voice and opinions by sending letters or emails for publication to Amber Nicholson at CAPA HQ or to the Editor, who is always the current Past President.



We are rapidly approaching the start of the 2023 Texas Legislative session. Some of the hundreds or thousands of bills that are introduced will have an effect, positive or negative, on psychologists and our work. CAPA has a history of coordinating with TPA to communicate with our state Senators and Representatives about bills affecting the practice of psychology, bills promoting better access to mental health services, etc. As psychologists who live and work in the Austin area, we are uniquely positioned to communicate directly with more ease and greater frequency than colleagues who live in El Paso, Texarkana, Lubbock, Corpus Christi, Dallas, Houston, Beaumont, Abilene, San Antonio and every other part of the state. Please take the opportunity now to make a donation to your own state Representative and Senator before the deadline for campaign contributions expires.

This will likely be my last written communique as the President of CAPA, so I want to take the opportunity to express my gratitude for the assistance I received from the other CAPA officers this year. I am very thankful for the thoughtful guidance, ideas, and support provided by Past President John Godfrey who has done a lot of work behind the scenes to insure continuity of the work done by the previous Executive Committee. Vice President Elisabeth Middleton has once again made all the arrangements to line up an array of experts to provide PD hours for each of our monthly CAPA meetings this year. Practice Representative Leena Batra has located excellent speakers and set up our Spring Ethics Workshop and the Fall Diversity Workshop, providing members with all of the Ethics and Diversity PD hours required for licensure. Together they have organized a total of 18 hours of PD for CAPA Members in 2022! I also want to recognize Treasurer David Heckler for his important work on keeping up with our money and insuring that we continue to operate with fiscal responsibility. Speaking of recognition...many of you may be unaware that CAPA Secretary Steven Kolar has, in addition to his careful and meticulous keeping of the meeting minutes, provided stability and continuity for the Executive Committee as our longest serving (11years?) officer. I would like to thank Kyle McCall who has been a very active Student Representative this year and actually headed up a very informative monthly presentation on the services of Bluebonnet Trails Community Services. Finally, I am grateful for the advice, suggestions, and recruiting efforts of our esteemed incoming 2023 President, Corinne Zupanik. All members of the Executive Committee have engaged in thoughtful professional discussion and cooperation on topics relevant to the organization during the year and I am proud to have been a part of the 2022 EC.

Dan Roberts, Ph.D.
CAPA President 2022



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ADVOCACY, COMMUNITY, PROFESSIONAL DEVELOPMENT

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Submissions of informational or educational articles and comments are welcome for consideration for publication and are strongly encouraged. Recommended length of submitted materials is 500 words.

Accepted articles exceeding these limits may be published in successive issues.

Deadline for submissions is the third Friday of each month preceding month of publication. Submit to John Godfrey, PhD at johng23447@gmail.com

CAPA Membership: For information about joining CAPA as a full, associate, affiliate, or student member, call 512-451-4983 or email capitalareapsychassoc@gmail.com

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