

JANUARY 2023

# CAPA COMMENTARY

The Newsletter of the Capital Area Psychological Association



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## PRESIDENT'S COLUMN

Corinne E. Zupanick, Psy.D

Greetings colleagues and Happy New Year! We finally meet again in-person beginning in January!! I feel somewhat like a troll climbing out from under a log deep in Norway's forest, during the dark winter, blinking slowly in a bewildered way, trying to figure out if there once was a time when I wasn't this troll. But I digress.

I've always thought of the New Year as a time of celebration and hope. Fireworks, singing, libations, a fresh start, a new beginning awaits. But this year, I found myself stuck, without much excitement. I seemed to be unwilling to look forward with the usual eager anticipation until I looked back and acknowledged all that I have lost, both personally and collectively. Only then was I able to find gratitude and hope. Perhaps you arrive at the New Year with a similar journey. If so, I hope you find comfort in knowing you are not alone. Or perhaps your journey has been entirely different. In which case, let us remember that our differences can serve to enlarge our understanding of ourselves and others. Conversely, those differences can be amplified and distorted to such a degree that we retreat to a smaller world of our own making where we feel safe and less distressed. I think the confluence of CoVid isolation and social unrest has made that retreat more difficult to reverse.





So, let's ring in 2023 with some reflection first. We are learning how to live with CoVid, but not without first exposing the great weaknesses and disparities in our healthcare system. We can no longer naively see healthcare, and the science behind it, operating independently of partisan politics. We saw vulnerable people lose their lives, falling prey to dis-information dispersed by influential politicians, and the media outlets that enabled them, putting power above life itself. Similarly, public health officials, scientists, and researchers failed to coordinate cogent clear messaging. They were unable to help the public understand why messages were changing (as new research was available), unwittingly encouraging a wider web of conspiracy to be spun. They insisted on publishing information according to scientific paradigms (e.g., "...There is no evidence to suggest..."), rather than stooping to use the vernacular which was more easily understood by persons who needed vital information to make wise and safe decisions.

We've seen our country splintered by polarity and domestic-bred violence. The underbelly of our country's baked-in racism (aka, systemic racism) is no longer hidden but those who wish to acknowledge its effects are further denigrated as "woke mobs." Likewise, teaching a full and complete history from multiple perspectives, including those that have historically been silenced, has been flagged with a term most people don't understand but fling it about like a useful swear word: Critical Race Theory. Fear has been deployed as a weapon against learning these truths. Parents are warned that learning about how legal, educational and financial systems have been used to support and continue racial disparities is somehow going to cause our children to feel badly about themselves. If that is so, it creates a teachable moment for parents to learn to help their children develop the capacity for empathy, rather than focusing on oneself. Frankly, I would hope that any child would "feel badly" when they learn of the harm caused by one group against another. Otherwise, that child is likely heading toward developing psychopathy.

But why does all this matter (beyond the obvious reasons) and what relevance does it have to us as psychologists specifically? Because the explanations, and subsequent solutions to these problems, are already known to psychologists. Our research base has investigated group dynamics, and the root causes of group conflict. Likewise, we know the ingredients of successful conflict resolution. We know how complex systems work, and how to intervene to correct them. We have studied public healthcare messaging. We know what works, and what does not. Some of this knowledge was successfully applied to reach underserved and disenfranchised groups for vaccinations. We know why a large segment of our population has developed a deep resentment and a long list of grievances. We know some of that is due to cognitive distortions, some is due to disadvantage, and some is due to lack of skill (e.g., discerning valid sources of information). We know that cognitive dissonance makes it nearly impossible to listen to news media that does not support current beliefs.



We know and understand how the human mind is susceptible to control and manipulation. We know that media has learned to manipulate these research findings for profit. We know and understand how otherwise healthy people can become caught up in a cult. We know that presentation of rationale information cannot shift cult members beliefs. And recently, there has been fascinating research into what causes certain people to fall prey to conspiracy theories.

Never in my entire life, has the science and practice of psychology been needed more. No other profession is so uniquely qualified to contribute solutions to these disturbing social trends. Yet at this pivotal moment, our profession is in a state of decline. When we were a fledgling profession, we decided to attach ourselves to medicine and healthcare in order to give validity to our professional purpose. But, we now seem unable to shed that singular identity. Meanwhile, other professions have risen to provide therapeutic services that are deemed equivalent, and we have yet to be able to use our science, that informs those other professions, to demonstrate our unique effectiveness. Thus, we have become “therapists” in the public eye, not psychologists.

This year, I urge us each to reflect on our professional identity and seek ways we can bring our science, with its solutions, forward to inform leaders, policymakers, religious elders, journalists, teachers, media, attorneys, judges, and legislators. This application of our professional knowledge, skills, and experience has been described as Citizen Psychologist. In 2018, the APA began its Citizen Psychologist initiative [APA Citizen Psychologist](#). So this is my challenge to our membership: Let’s each commit to using this year to find one opportunity to serve as a Citizen Psychologist. At the end of my term, I would like to be able to report on the various ways we have each risen to this challenge.

I also have a second challenge for us all. It is customary in organizations like CAPA for leadership to announce a particular project or mission for their term. I once heard it said, that if you are not growing, you are dying and that can apply to organizations too. I’ve chosen to focus on expanding and diversifying our membership particularly to include roles beyond the direct provision of therapeutic services such as hospital and clinic management; researchers; faculty; students; and, organizational psychologists. I would also like to diversify our membership in terms of age, race, and gender identity. To help us meet this objective, the executive committee has approved funding so that the first meeting for anyone will be free. This will make it easier for you to invite a guest. It will be your personal invitations that will help us to expand and diversify. I’d like this to be the year when each of us invites at least one guest to a meeting. So, will you join me in accepting these two challenges? Let’s begin by renewing our own memberships, then start thinking about who you will enjoy taking to lunch and send them an invite. Elisabeth has been hard at work lining up a great set of speakers for us this year so you can be confident your guest will have a fun and meaningful experience. SEE you soon!

Corinne E. Zupanick, Psy.D. (Texas-licensed Clinical Psychologist)  
2023 CAPA President





Photo courtesy of <https://news.utexas.edu/>

## **CAPA JANUARY MEETING**

### **THE EXPANDING INFLUENCE OF PSYCHOLOGY AT DELL MEDICAL SCHOOL**

**PRESENTER: LLOYD BERG, PHD, ABPP**

**JANUARY 13, 2023  
12:00 PM - 1:30 PM**

#### **1.5 HOURS PROFESSIONAL DEVELOPMENT AVAILABLE**

In 2014, The University of Texas at Austin Dell Medical School became the first US medical school in nearly 50 years to be built from the ground up at a top-tier research university. Four years later, the Division of Psychology was created within Dell Med's Department of Psychiatry and Behavioral Sciences. Psychologists now account for over a third of the department's faculty, including several serving in important Dell Med leadership roles. This presentation will provide an introduction to the innovative clinical, teaching, research and leadership activities in which Dell Med psychology faculty are engaged to advance the medical school's mission to revolutionize how people get and stay healthy.

#### **Learning Objectives:**

- 1) Overview psychology faculty activities within the Division of Psychology at Dell Medical School
- 2) Identify psychologists in key leadership positions at Dell Med
- 3) Discuss teaching and training opportunities in Dell Med's Department of Psychiatry and Behavioral Sciences

#### **About the Speaker:**



Lloyd Berg, Ph.D., ABPP, is an associate professor and inaugural division chief of psychology in the Department of Psychiatry and Behavioral Sciences at The University of Texas at Austin Dell Medical School. He holds clinical associate professor appointments in UT Austin's Department of Psychology, Department of Educational Psychology and Steve Hicks School of Social Work. He is also psychology specialty service chief for Ascension Seton, Dell Med's hospital network affiliate. Dr. Berg received his bachelor's degree in psychology and master's and doctoral degrees in counseling psychology from UT Austin, where he also completed his internship training. He is board certified in clinical health psychology by the American Board of Professional Psychology and a fellow of the American Psychological Association.



## MEETING INFORMATION: WHAT YOU NEED TO KNOW

In response to popular demand, the Executive Committee has arranged for CAPA members to begin meeting once more in person at the Carillon at the AT&T Center.

Our new agreement with the Carillon covers January through April 2023. This contract requires CAPA to provide a guaranteed minimum guest count of at least 20 attendees, at least one week prior to the meeting. A substantial penalty will be charged if we fail to reach that minimum number.

What does that mean for you?

As always CAPA will charge \$20 to members for lunch and professional development units, if they register by at least seven (7) days before the meeting. Please note, the fee the Carillon charges is \$22.95 per plate so CAPA is subsidizing lunches for members as always.

In addition to the minimum, the Carillon will charge up to \$11.00 per plate for registrations made with fewer than seven (7) days notice. The Executive Committee has decided we must pass that expense onto those CAPA members who register with fewer than seven days prior to the meeting.

This is still below what it actually costs CAPA:

Registration cost 7 days in advance (same as previous years)	\$20
Registration cost fewer than 7 days in advance	\$30

We are excited at the prospect of meeting one another face to face again and hope to see you soon.

**REGISTER ONLINE: [WWW.AUSTINPSYCHOLOGISTS.NET](http://WWW.AUSTINPSYCHOLOGISTS.NET)**



# CAPITAL AREA PSYCHOLOGICAL ASSOCIATION

## MEMBERSHIP FORM

Complete the form below to renew or sign up for membership in the Capital Area Psychological Association

☐ 2023 Membership Application

### MEMBER INFORMATION

First Name:	<input type="text"/>	Last Name:	<input type="text"/>	Degree:	<input type="text"/>					
Office Address:	<input type="text"/>									
Home Address:	<input type="text"/>									
Work Phone :	<input type="text"/>	<input type="text"/>	<input type="text"/>	-	<input type="text"/>	<input type="text"/>	-	<input type="text"/>	<input type="text"/>	<input type="text"/>
Email:	<input type="text"/>									
Webpage:	<input type="text"/>									

### PROFESSIONAL INFORMATION

Current Professional Position:	<input type="text"/>				
Current Licensing Information:	<input type="checkbox"/> Psychologist	<input type="checkbox"/> Provisional	<input type="checkbox"/> Certified	<input type="checkbox"/> Psychological Associate	<input type="checkbox"/> Not Licensed
License Number:	<input type="text"/>				
Memberships in other professional associations:	<input type="checkbox"/> American Psychological Association	<input type="checkbox"/> Texas Psychological Association	Other: <input type="text"/>		

### MEMBERSHIP CATEGORIES

- ☐ **Full Member- \$95**  
Those who hold either Fellow or Member status in the American Psychological Association or the Texas Psychological Association, or those who possess licensure/certification as a Psychologist by the Texas State Board of Examiners of Psychologists
- ☐ **Full Member: Semi-Retired- \$47.50**  
Available to members aged 66 and older having been active members for the previous ten years who are working less than 20 hours a week. Annual dues is 50% of the full annual dues.
- ☐ **Full Member: Fully-Retired- \$23.75**  
Available to members aged 66 and older having been active members for the previous ten years who are no longer in practice. Annual fee is 25% of the annual dues.
- ☐ **Full Member: Special Consideration**  
If you are experiencing extreme financial difficulties or hardships AND are renewing, you may request special consideration for a reduction or waiver in membership fee. This must be reviewed at least annually.
- ☐ **Affiliate Member: \$40**  
Persons who have interests consonant with the purposes of the Association who do not otherwise qualify for membership. Applicants must (1) be actively engaged in professional activity in the community and (2) have a recommendation from a CAPA member explaining how the membership will profit by such an Affiliate's presence
- ☐ **Student Member: \$10**  
Persons who are enrolled in an accredited college or university and who are pursuing an undergraduate or graduate degree in Psychology
- ☐ **Life Member: Updating Information Only**

### PLEASE RESPOND TO THE FOLLOWING QUESTIONS:

Has your license to practice ever been suspended, revoked or limited by a state licensing board?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been convicted of a felony?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been found guilty of unethical or unprofessional conduct by a local, state, or national ethics committee, professional organization, or licensing board?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been found guilty of malpractice?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

# CAPITAL AREA PSYCHOLOGICAL ASSOCIATION

## INFORMATION & REFERRAL DIRECTORY

This section is to be completed ONLY by FULL MEMBERS who want to be listed in our information and referral service:

I certify that I am a licensed psychologist in good standing with the Texas State Board of Examiners of Psychologists. I certify that I am qualified and competent in the specialty areas that I have indicated below. I have a current professional malpractice insurance policy and I will maintain liability coverage throughout the membership year. I agree to abide by the Code of Ethics of the American Psychological Association and by the guidelines of the Texas State Board of Examiners of Psychologists.

### TREATMENT TECHNIQUES & APPROACHES

Please circle or put a check mark next to your top 4 treatment techniques and approaches:

Acceptance & Commitment Therapy (ACT)	Expressive Arts	Mindfulness-Based Cognitive Therapy (MBCT)	Psychodynamic Therapy
Alderman	EMDR	Mindfulness-Based Stress Reduction (MBSR)	Psychological Testing/Evaluation
Art Therapy	Family Systems	Motivational Interviewing	Psychotherapy
Attachment-Based	Family/Marital Therapy	Multicultural	Rational Emotive Behavioral (REBT)
Behavioral Therapy	Feminist	Music Therapy	Reality Therapy
Biofeedback	Freudian	Narrative	Relational Therapy
Child-Parent Psychotherapy (CPP)	Gestalt	Neurofeedback	Rogerian
Clinical Supervision	Gottman Method	Neuropsychological Testing	Sandtray
Cognitive Behavioral Therapy (CBT)	Group Therapy	Parent-Child Interaction (PCIT)	Somatic
Court Evaluations	Hypnotherapy	Person-Centered	Strengths-Based
Dance/Movement Therapy	Imago	Play Therapy	Systems
Dialectical Behavioral Therapy (DBT)	Interpersonal	Prolonged Exposure Therapy	Transpersonal
Disability Evaluation	Jungian	Psychoanalytic Therapy	Trauma-focused
Existential			

### SPECIALTY AREAS

Please circle or put a check mark next to your top 6 specialty areas:

Abandonment	Chronic Illness	Forensic Psychology	Peer Relationships	Teaching
Abuse Survivors	Chronic Pain	Gambling	Personality Disorders	Testing and Evaluation
ACOA	Chronic Relapse	Gender Identity	Phobias	Trauma
ADD/ADHD	College Mental Health	Grief/Loss	Postpartum Depression	Transgender Issues
Addiction	Compulsive Behavior	Group Therapy	Pregnancy/Prenatal/Postpartum	Traumatic Brain Injury
Adjustment Disorder	Consultation	HIV/AIDS	Prejudice/Discrimination	Weight Control
Adoption	Coping Skills	Hoarding	Process Addiction	Women's Issues
Aging	Couple's Counseling	Hypnosis	PTSD	
Alcohol Use	Crisis Intervention	Infertility	Racial Identity	
Anger Management	Cultural Adjustment	Intellectual Disability	Rehabilitation	
Anorexia	Deaf/Hearing Impaired	Internet Addiction	Relational Trauma	
Antisocial Personality Disorder	Depression	Learning Disabilities	Relationships	
Anxiety	Developmental Disorders	LGBTQIA+	Schizophrenia	
Attachment Issues	Disability Determination	Life Transitions	Seasonal Affective Disorder (SAD)	
Autism Spectrum Disorder	Disruptive Mood Dysregulation (DMDD)	Loneliness	Self-Esteem	
Avoidant Personality Disorder	Dissociation	Marital and Premarital	Self-Harming Behaviors	
Behavioral Issues	Dissociative Identity Disorder	Medical/Health Psychology	Sex Therapy	
Binge Eating Disorder	Divorce	Men's Issues	Sexual Abuse	
Bipolar Disorder	Domestic Abuse	Military/Veteran's Issues	Sexual Addiction	
Blended Families	Drug Abuse	Multicultural Concerns	Sleep Disorders	
Body Image Disorders	Dual Diagnosis	Narcissistic Personality Disorder	Smoking Cessation	
Borderline Personality Disorder	Eating Disorders	Neuropsychology	Social Anxiety	
Bulimia Nervosa	Elder Care	Obsessive Compulsive Disorder	Somatoform Disorders	
Cancer	Emotional Abuse	Oppositional Defiance	Spirituality/Religion	
Career Counseling	Exercise Addiction	Organizational Development	Sports Psychology	
Caregiver Issues	Family Conflict	Pain Management	Stress	
Child or Adolescent	Family Therapy	Panic Disorders	Substance Use	
Child Custody Evaluation	Fears/Phobias	Parenting	Suicidal Ideation	

# CAPITAL AREA PSYCHOLOGICAL ASSOCIATION

## INFORMATION & REFERRAL DIRECTORY

### Insurance Accepted

Please circle or put a check mark next to all accepted insurance plans:

- ☐ I do not currently accept insurance.
- |                                       |   |  |   |   |   |
|---------------------------------------|---|--|---|---|---|
| <input type="checkbox"/> Aetna        | <input type="checkbox"/> Beacon                 | <input type="checkbox"/> Covenant Management | <input type="checkbox"/> Medicaid           | <input type="checkbox"/> Optum          | <input type="checkbox"/> Smart HealthAscensio |
| <input type="checkbox"/> Ambetter     | <input type="checkbox"/> Blue Cross Blue Shield | <input type="checkbox"/> Humana              | <input type="checkbox"/> Medicare           | <input type="checkbox"/> Oscar          | <input type="checkbox"/> Tricare              |
| <input type="checkbox"/> Anthem       | <input type="checkbox"/> Cigna                  | <input type="checkbox"/> Magellan            | <input type="checkbox"/> Optima Health Plan | <input type="checkbox"/> PHCS/Multiplan | <input type="checkbox"/> United Healthcare    |
| <input type="checkbox"/> Other: _____ |   |  |   |   |   |

### PRACTICE DETAILS & APPOINTMENT OPTIONS

I am currently seeing clients: (Check all that apply)

- ☐ In-Office ☐ Virtual/Telehealth

I am currently offering the following types of appointments: (Check all that apply)

- ☐ Individual ☐ Couples ☐ Family ☐ Group ☐ Workshops/Classes ☐ Colleague Consultation

I am currently seeing clients in the following age ranges: (Check all that apply)

- ☐ Children (Under 6) ☐ Children (6-12) ☐ Teenagers (12-18) ☐ Young Adults (18-24) ☐ Adults (24+) ☐ Elders (64+)

My practice is located: (Check all that apply)

- ☐ Central ☐ North ☐ South ☐ East ☐ Northwest ☐ Southwest ☐ Northeast ☐ Southeast ☐ Round Rock  
☐ Kyle/Buda ☐ Pflugerville ☐ Wimberley ☐ Georgetown ☐ Cedar Park ☐ Leander ☐ Other: \_\_\_\_\_

Languages Spoken Fluently: (Check all that apply)

- ☐ English ☐ Spanish ☐ French ☐ ASL ☐ Other: \_\_\_\_\_

### DONATE TO CAPA

I would like to make a voluntary contribution to the Capital Area Psychological Association to sustain CAPA programs and community charitable donations. I would like to make a donation in the amount of:

- ☐ \$10.00 ☐ \$15.00 ☐ \$20.00 ☐ \$25.00 ☐ \$50.00 ☐ \$75.00 ☐ \$100.00 ☐ Other: \$\_\_\_\_\_

### ATTESTATION

I affirm that all of the information I have shown here is true. I agree to abide by the Code of Ethics of the American Psychological Association and by the guidelines of the Texas State Board of Examiners of Psychologists.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Checks and membership applications can be mailed to:  
Capital Area Psychological Association  
PO BOX 996, Boerne, TX 78006  
capitalareapsychassoc@gmail.com  
(512) 451-4983  
www.austinpsychologists.net



# CAPA EXECUTIVE COMMITTEE MEETING MINUTES

## DECEMBER 12, 2022



The CAPA Executive Committee met on Friday, December 12, 2022 with the following members present:

Dan Roberts, PhD, John Godfrey, PhD, David Heckler, PhD, Corrine Zupanick, PsyD, Elisabeth Middleton, PhD, and Stephen Kolar, PhD.

Dr. Roberts called the meeting to order. He has contacted the UT Conference Center regarding in-person monthly meeting but has yet to hear back from them. They require a quota of 20 attendees minimum to lunches and Dr. Middleton recommended the board tell members we need to attend in person to meet this quota. CAPA will most likely have monthly meetings in person from January through April 2023 before summer break.

The board discussed ways to increase membership, including having a guest's first meeting/lunch comped by CAPA. Dr. Zupanick recommended the board formally approve this. Dr. Godfrey motioned for the first lunch for guests to be free, Dr. Zupanick seconded this proposal, and remaining board members approved it unanimously. It was agreed that this would be reviewed annually in December based on budgetary considerations. Dr. Middleton felt this might encourage members to invite guests to meetings. Dr. Roberts suggested that a column be added to the sign in sheet so people could note if this was their first meeting.

Dr. Zupanick reiterated the need for nominations for CAPA president elect for next year. Dr. Heckler suggested informing members about the actual amount of time that position takes per month. Dr. Godfrey noted that for the president elect, that year of shadowing the current president is invaluable. He also commented that the duties of each position are spelled out in the bylaws. Dr. Zupanick liked the idea of adding a personal touch of why the position is important to her. As an example, Dr. Zupanick said each president has the option to select a meaningful project for membership to support (her is to improve and diversify membership). For the January meeting, board members will talk about what is entailed in their jobs and what the time commitment is for them each month.

The board reviewed membership numbers from last year to this year. Dr. Godfrey noted that these numbers are stable if the decrease in life members is accounted for. Dr. Roberts will follow up with Amber Nicholson to have her encourage members to come to the January meeting with a nomination for CAPA president elect. Dr. Middleton commented that we need to make sure members know that are next meeting will be in person (when this gets finalized by Dr. Roberts).

Dr. Middleton noted that meeting in person will make it very challenging to obtain speakers who are nationally recognized or who live out of state. She proposed the idea of having some meetings at night or on weekends to increase the likelihood of hosting some of these renowned speakers. Dr. Middleton discussed the challenges with obtaining speakers each month. Dr. Zupanick suggested CAPA members could consider presenting for other organizations and they would in turn send a member to present at CAPA meetings. Dr. Heckler recommended each member reach out to their colleagues to present at CAPA meetings.

Dr. Roberts encouraged members to promote the position of president elect next meeting in order to receive nominations. Dr. Heckler suggested the board and members consider how CAPA would like to invest some of their savings. Dr. Roberts noted CAPA has previously made a donation each year to mental health organizations in Austin. Dr. Godfrey noted that Amber Nicholson's contract is up for renewal. He discussed a cost of living raise and the board agreed this was suitable. The board approved a nine percent raise for Ms. Nicholson and will present her with the revised contract shortly.

# CAPA CLASSIFIEDS



## Office Space & Opportunities

If you are interested in submitting a classified on CAPA's website, please submit the following information to [capitalareapsychassoc@gmail.com](mailto:capitalareapsychassoc@gmail.com)

Classified Title    Classified Description  
Contact Name    Contact Phone Number  
End date for posted classified

Office space ads can be posted for free for up to 3 months. The cost for all other classified listings on the CAPA web site is \$30/up to 3 months. All non-office space ads must be prepaid before they will be approved for display. Once you have submitted your classified request, someone from site administration will contact you for payment.

Please note that posting in the *CAPA Commentary* is a separate process. You should email your ad to the editor for review.

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### Office Available January 1, 2023 in Central Austin

Hello. I have a 150 square foot interior office in the Franklin Square Building (3724 Jefferson St., Suite 200) in a suite with three psychologists, one LPC, and me, an LCSW. The rent is \$365/month for the hours listed below. The office is available January 1, 2023.

Monday and Tuesday until 3pm  
All day/evening Wednesday  
Thursday until 11:30am  
All day/evening Friday, Saturday and Sunday

The waiting room is very large, comfortable, and tastefully decorated. It has 5G wireless internet, a print and fax machine, and lights to signal that your client is waiting. The cleaning, internet, mini-fridge and microwave, printer and fax, and utilities are included in the rent.

I love this office building! There are quite a few other therapists, psychologists, and psychiatrists in the building. The building staff are all responsive and kind. The neighborhood has lots of shops, restaurants (the original Kerby Lane Cafe) and large trees. There is a spacious parking lot and the building and restrooms are handicap accessible.

Lisa Judge, PhD., LCSW  
512-467-0655 (texting is fine)  
[lisaclarej@gmail.com](mailto:lisaclarej@gmail.com)

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### Office Space in Central Austin

I have office space available in central Austin at Mopac and Bee Cave Road. The space is approximately 14' x 10' with beautiful wood floors and floor to ceiling window. The space is calm and quiet with 8 clinicians in total. The rent (\$975/month) includes utilities, a beautifully maintained waiting room, a group therapy room, a kitchen and regular cleaning service. If interested, call or text Cyndy Playfair at 512-632-9266.

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### Now Hiring Psychologist, LPA, LCSW, LPC

Providers needed in Round Rock, Dallas, Rockwall, Ennis, and Greenville, Texas to provide therapy and one-time diagnostic interviews. Opportunities are also available to provide services in nursing homes, memory care, skilled nursing, and assisted living.

The Ludden Group, P. C., is a Christian private practice group including psychologists, a psychiatrist, LPCs, an LCSW, and Externs (Needed for one-time diagnostic interviews), outpatient practice located in Round Rock, near Austin, and in Rockwall, TX, 25 miles east of the Dallas Metroplex.

The Ludden Group is seeking psychologists for a long-term position, Full or Part-Time.

Duties will include diagnostic assessments, testing, and weekly psychotherapy with the Geriatric population.

Informal Psychology Internship is also available. Services are also available in the Ludden Group's outpatient private practice where we treat patients throughout the life span.

Areas served: Rockwall, Round Rock, Athens, Farmersville, Greenville, Terrell, Dallas, and Ennis.

The Ludden Group, P.C. is well established with over 35 years' experience.

Send your curriculum vitae and any questions to Dr. Linda Ludden, Ed.D, Texas Licensed Psychologist, [lindaluddensivls@gmail.com](mailto:lindaluddensivls@gmail.com) (214) 403-7266. Our website is [www.theluddengroup.com](http://www.theluddengroup.com).





CAPITAL AREA PSYCHOLOGICAL ASSOCIATION  
ADVOCACY, COMMUNITY, PROFESSIONAL DEVELOPMENT

### **CAPA Officers & Chairs:**

President:

Corinne Zupanick, PhD  
drcez2@gmail.com

President Elect:

Past President:

Dan Roberts, PhD  
drroberts78681@gmail.com  
(512) 293-4775

Vice President:

Elisabeth Middleton, PhD  
elisabeth@emiddletonphd.com  
(512) 517-4812

Secretary:

Stephen Kolar, PhD  
stevekolar@yahoo.com  
(512) 451-2242

Treasurer:

David Heckler, PhD  
(512) 324-3315  
drheckler@gmail.com

Practice Representative:

Shalini Leena Batra, PhD  
lbatra.lb@gmail.com  
(512) 826-1152

Student Representative:

Kyle McCall  
kylemccall@me.com  
(512) 423-1808

CAPA Commentary Editor:

Dan Roberts, PhD  
drroberts78681@gmail.com  
(512) 293-4775

The CAPA Commentary is a regular publication of the Capital Area Psychological Association, P.O. Box 996, Boerne, TX 78006. Its eight issues, January through May and September through November, are free to CAPA members.

Submissions of informational or educational articles and comments are welcome for consideration for publication and are strongly encouraged. Recommended length of submitted materials is 500 words.

Accepted articles exceeding these limits may be published in successive issues.

Deadline for submissions is the third Friday of each month preceding month of publication. Submit to John Godfrey, PhD at johng23447@gmail.com

CAPA Membership: For information about joining CAPA as a full, associate, affiliate, or student member, call 512-451-4983 or email capitalareapsychassoc@gmail.com

Advertisement and Announcement Policy: Appropriate payment made out to CAPA may be mailed to P.O. Box 996, Boerne, TX 78006 please memo check "Commentary Ad"). The editor reserves the right to edit all copy.

### **Advertisement Costs:**

Newsletter: \$60 full page, \$40 half page, \$25 quarter page

Web Classified :

Office Space: Free, All others \$30 for 3 months

### **CAPA Information & Referral Service:**

(512) 451-4983